What makes a "complete" meal?

Breakfast

In order to receive a free breakfast it must meet the National School Breakfast program standards:

- Must contain at least 3 items
- 1 of the 3 items **MUST** be a ½ cup of fruit, juice, or vegetable

Lunch

At lunch for a meal to qualify for a meal price at the students designated meal status it must meet the National School Lunch program standards:

- Must contain at least 3 out of the 5 offered components (food groups dairy, fruit, vegetable, grains, protein)
- 1 of the 3 components MUST be ½ cup of fruit, juice, or vegetable.

Ala Carte

When a student does not meet the above requirements for the meal to quaify, the items the student chose will be charged ala carte (by the individual item). This may result in the total purchase price being higher than the price of a meal. All students are encourage to grab the necessary components to make a meal before they are charged ala carte.

How Do I Pay For Meals?

Cash or Check/Money Order at the Café Register

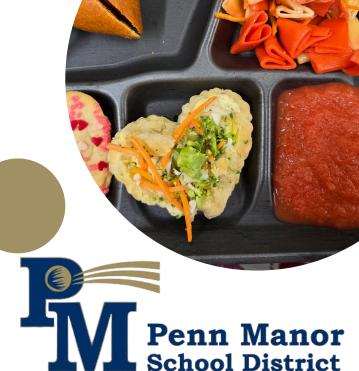
Check/Money Order Made Payable to "Penn Manor Food Service"

Online www.myschoolbucks.com



PLEASE VISIT THE PENN MANOR
HOMEPAGE FOR MORE FOOD SERVICE
INFORMATION
http://www.pennmanor.net

Please feel free to contact the Food Service Department with any questions.



Food Service Information 2025–2026

Director Of Food Services
Courtney Kolp
Courtney.Kolp@pennmanor.net
717-872-9500 Ext. 1829

Food Services Assistant
Deanna Witmer
Deanna.Witmer@pennmanor.net
717-872-9500 Ext. 1830



Breakfast & Lunch Menus

All menus are published online at pennmanor.nutrislice.com

Menus are updated and published monthly! Changes may occur so please check back semi-regularly for any possible changes!

Meal Prices 2025-2026

Elementary Lunch: \$2.35

Secondary Lunch: \$2.50/3.50/3.75

Thanks to the governors free breakfast initiative, every student receives a free breakfast meal!

Free & Reduced Price Meals

3 Ways to Qualify

Direct Certification: This is a list of students that the state determines automatically qualify. Penn Manor will mail a letter home if your household is on that list. All children in the household will also qualify. If you have a student(s) living in your household and are not listed you need to contact Penn Manor's Food Service Department

SNAP or TANF: If you do not receive a letter informing you that your household has been directly certified you will need to fill out an application. You will need your 9-digit SNAP/TANF case number **(must be an active case)** and will automatically qualify.

Please DO NOT include your case number on the application if you receive MEDICAID and DO NOT receive SNAP or TANF benefits

Income Based: If your household falls under the income guidelines below you will qualify for reduced price or free meals.

Household	Annual	Monthly	Weekly
1	\$ 28,953	\$ 2,413	\$ 557
2	39,128	3,261	753
3	49,303	4,109	949
4	59,478	4,957	1,144
5	69,653	5,805	1,340
6	79,828	6,653	1,536
7	90,003	7,501	1,731
8	100,178	8,349	1,927
Each Additional Person Add	10,175	848	196

Ala Carte Snacks



In addition to a variety of meal options, our schools offer a variety of ala carte snacks each day. These may include several types of chips, ice cream, and cookies. All of our snacks meet the required Smart Snack Standards. These snacks do not come with a meal and require additional funds to be able to be purchased.

Field Trip Lunches

Penn Manor Food Services is able to provide lunches for field trips, provided we receive at least 48 hours notice. The following lunch options are available:

Ham & Cheese Sandwich
Turkey & Cheese Sandwich
PB&J Sandwich
Yogurt, String cheese, & Roll

All packed meals will contain a fruit, vegetable, drink and a snack.

Prices are as follows: K-6 - \$2.35 7-12 - \$2.50

