### **Free and Reduced Priced Meals**

Three Ways to Qualify

- **Direct Certification:** This is a list of students that the state determines automatically qualify. Penn Manor will mail a letter home if your household is on that list. All children in the household will also qualify. If you have a student(s) living in your household and are not listed you need to contact Penn Manor's Food Service Department
- SNAP or TANF: If you do not receive a letter informing you that your household has been directly certified you will need to fill out an application. You will need your 9-digit case number when completing an application. You will automatically qualify if you have an active case for SNAP or TANF. **\*\*Please DO NOT include your case number on the application if you receive MEDICAID and DO NOT receive SNAP or TANF benefits\***
- **Income Based:** If your household falls under the income guidelines below you will qualify for reduced price or free

Household	Annual	Monthly	Weekly
1	27,861	2,322	536
2	37,814	3,152	728
3	47,767	3,981	919
4	57,720	4,810	1,110
5	67,673	5,640	1,302
6	77,626	6,469	1,493
7	87,579	7,299	1,685
8	97,532	8,128	1,876
Each Additional Person Add	9,953	830	192

## How Do I Pay For Meals?

- Cash or Check/Money Order at the Café Register
- Check/Money Order Made Payable to "Penn Manor Food Service"
- Online www.myschoolbucks.com

#### PLEASE VISIT THE PENN MANOR HOMEPAGE FOR FOOD SERVCE INFORMATION

http://www.pennmanor.net

Click on

'Food Service Forms & Resources'

- Breakfast & Lunch menus are posted monthly
- Free and Reduced application link and instructions are available

If you do not have access to a computer, you can request a paper application be sent home with your student ,contact your child's school office and request a paper application or contact the Food Service Department

\*\*PLEASE NOTE\*\* If transferring from another school district, you MUST complete a new application

Please contact the Food Service Department with any questions.

(717) 872-9520 ext. 1830 or 1829

Email

Deanna.Witmer@pennmanor.net Or Courtney.Kolp@pennmanor.net



Food Service Information 2024-2025







## **MEAL PRICES 2024-2025**

- Elementary Breakfast Free for all students
- Elementary Lunch \$2.35
- Secondary Breakfast Free for all students
- Secondary Lunch \$2.50 / \$3.50 / \$3.75

## National Breakfast Program

- Breakfast if offered every day of the week!
- Students can arrive at the cafeteria in the morning to eat breakfast.

# Remember, Breakfast is the most important meal of the day



### WHAT QUALIFIES AS A <u>"COMPLETE MEAL"?</u>

## Breakfast

- Must contain 3 items to be considered a meal and
- One of these items **MUST** be a 1/2 cup of fruit, juice or vegetable **Lunch**
- Must contain 3 of the 5 offered components (food groups) which consists of (Dairy, Fruit, Vegetable, Grain, & Protein) to be considered a meal.
- One of the three components needed to make a meal **MUST** be 1/2 cup of fruit, juice or vegetable

### Ala Carte

• When a students purchase does not meet the above requirements to be considered as a meal, the items chosen by the student will be charged separately (Ala Carte) and may result in a higher total purchase price than if a complete meal were purchased.

## FIELD TRIP LUNCHES

We supply lunches for field trips, provided we receive a 48 hour notice to prepare the meal. Every Student (Free, Reduced, Full Price) is offered the option of a packed lunch on the day of the trip. Students may choose from the following lunch options:

- Ham & Cheese Sandwich
- Turkey Hoagie
- PB&J Sandwich

All packed meals contain a fruit, veggie, snack and drink. The meal price will be the same as if the child were eating at school.

