

# KINSHIP Family Connections



**Are you raising a relative's child? Support is available!**

## Monthly Kinship Caregiver Workshops

Join us each month to talk about kinship care topics and connect with people virtually on Zoom.com.

**Monthly – Thursdays at 7:00 p.m.**

**Sept 19 – The Five Love Languages**

**Oct 17– Fostering Resilience in your Children & Teens**

**Nov 21 – Improving Well-being through Therapeutic Movement**

## TBRI for Kinship Caregivers

Trust-based Relational Intervention is an 8-week attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. Empowering, Connecting, and Correcting Principles are used to address physical needs and disarm fear-based behaviors.

**Please visit our TBRI page to see current classes:**

<https://lp.constantcontactpages.com/cu/BL7y9qQ/COBYSTBRI>

## CORE Teen for Kinship Caregivers

Are you raising a teen? CORE is a 6-week course that focuses on raising teens who have experienced trauma or have moderate to severe emotional and behavioral challenges.

**October 16 – November 20, 2024**

**Wednesdays, 6:30-8:00 pm**

## Incredible Years Autism & Language Delays for Kinship Caregivers

Is your child on the autism spectrum or have language delays? Join us for an 11-week class that teaches ways to promote your child's emotional regulation, social competence, language skills, school readiness, and relationship building skills.

**October 1 – December 10, 2024**

**Tuesdays, 6:30-8:00 pm**

## Kinship Resource & Referral Line

If you or someone you know has a question or would like to be connected with resources in the community, you may call or email our Kinship Resource and Referral Line.

**Kinship Resource & Referral Line:**

**717-917-6521**

**[Kinship@cobys.org](mailto:Kinship@cobys.org)**

To register, please visit <https://cobys.org/family-support/programs-offered>

Questions? Please contact [kinship@cobys.org](mailto:kinship@cobys.org).



COBYS Family Life Education Department  
444 Murry Hill Circle  
Lancaster, PA 17601



Email: [kinship@cobys.org](mailto:kinship@cobys.org)  
Call: 717- 917-6521  
<https://cobys.org/family-support/kinship>

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