




Penn Manor School District
November 2019
High School Menu

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to www.mySchoolBucks.com. Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

MENU SUBJECT TO CHANGE	Secondary Lunch:	WHAT MAKES A MEAL:		
<p>Due to the way we have to serve meals this year, options will be limited in comparison to previous years. This will remain in effect until further notice.</p>	<p>Through the end of December 2020, all students will receive free breakfast and lunch regardless of their meal status.</p> <p>As of now it is unclear if that will continue through June 2021</p>	Choose three of five components	<p>We welcome your comments, questions and suggestions.</p> <p>Contact the Food Services Department: Food Services - 717- 872-9500 ext. 1829</p>	
		"Protein, Milk, Grain, Fruit & Veggies		
		one of which must be 1/2c fruit or 1/2c veggies		
		For a reimbursable lunch.		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 2, 2020	November 3, 2020	November 4, 2020	November 5, 2020	November 6, 2020
<p>Hot Dogs Curly Fries Assorted Fruit & Veggies Choice of Milk</p>	<p>Chicken Nuggets w/ Dinner Roll Assorted Fruit & Veggies Choice of Milk</p>	<p>Grilled Cheese & Tomato Soup Assorted Fruit & Veggies Choice of Milk</p>	<p>Managers Choice Assorted Fruit & Veggies Choice of Milk</p>	
November 9, 2020	November 10, 2020	November 11, 2020	November 12, 2020	November 13, 2020
<p>Chicken Tenders w/ Dinner Roll Assorted Fruit & Veggies Choice of Milk</p>	<p>TACO TUESDAY! Walking Tacos Refried Beans & Steamed Corn Assorted Fruit Choice of Milk</p>	<p>Corn Dog Mac & Cheese Assorted Fruit & Veggies Choice of Milk</p>	<p>Turkey Dinner! Turkey & Mashed Potatoes w/ Gravy Green Beans Assorted Fruit Choice of Milk Dessert: Cookie</p>	<p>Cheese or Pepperoni Pizza Assorted Fruit & Veggies Choice of Milk</p>
November 16, 2020	November 17, 2020	November 18, 2020	November 19, 2020	November 20, 2020
<p>Spaghetti & Meatballs Garlic Breadstick Assorted Fruit & Veggies Choice of Milk</p>	<p>Orange Chicken & Fried Rice Assorted Fruit & Veggies Choice of Milk</p>	<p>Brunch for Lunch! Scrambled Eggs, Sausage, and Pancakes Assorted Fruit & Veggies Choice of Milk</p>	<p>Grilled Chicken Salad & Dinner Roll Assorted Fruit & Veggies Choice of Milk</p>	<p>Cheese or Meat lovers Personal Pizza Chips Assorted Fruit & Veggies Choice of Milk</p>
November 23, 2020	November 24, 2020	November 25, 2020	November 26, 2020	November 27, 2020
<p>K-12 Early Dismissal Popcorn Chicken & Dinner Roll Assorted Fruit & Veggies Choice of Milk</p>	<p>K-12 Early Dismissal Hot Dogs Assorted Fruit & Veggies Choice of Milk</p>			
November 30, 2020	December 1, 2020	December 2, 2020	December 3, 2020	December 4, 2020
	<p>Managers Choice Assorted Fruit & Veggies Choice of Milk</p>	<p>Chicken Nuggets w/ Dinner Roll Assorted Fruit & Veggies Choice of Milk</p>	<p>Meatball Sub Curly Fries Assorted Fruit & Veggies Choice of Milk</p>	<p>Cheese or Pepperoni Pizza Assorted Fruit & Veggies Choice of Milk</p>

Hot Alternatives:
Bacon
Cheeseburger,
Cheeseburger,
BBQ Chicken
Sandwich, Chicken
Filet, and
Boneless Wings
Cold Alternatives:
Ham sub, Turkey
sub, Italian sub
and PBJ
Salad Bar:
Unfortunately,
due to the current
health crisis and
the guidelines we
must follow due
to COVID-19 we
will not have a self
serve salad bar
until further
notice.

MENUS ARE ALSO ON THE SCHOOL DISTRICT'S WEBSITE - www.pennmanor.net

Assorted A La Carte items available from \$.50 to \$.85 each
Parents are encouraged to purchase for their child pre-paid meals!
(Please write your child's first & last name on your check)

Please make checks payable: Penn Manor Food Service

THERE IS A \$35.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.

** Contains Peanuts And / Or Nuts **