

Penn Manor School District October 2020 Elementary Menu

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to www.mySchoolBucks.com. Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

MENU SUBJECT TO CHANGE	Elem. Lunch - \$2.35 Reduced Lunch - \$.40 Student Milk - \$.60 Adult Lunch- \$3.75/\$4.50		WHAT MAKES A MEAL: Choose three of five components "Protein, Milk, Grain, Fruit & Veggies one of which must be 1/2c fruit or 1/2c veggies For a reimbursable lunch.	We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 717- 872-9500 ext. 2228	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
September 28, 2020	September 29, 2020	September 30, 2020	October 1, 2020	October 2, 2020	
Chicken Patty Sandwich Baked Beans & Green Beans Fruit Cup	Stuffed Shells & Breadstick Small toss salad Baby Carrots & Dip Applesauce	Manager's Choice	Cheeseburger Curly Fries Carrots & Dip Apple Slices	Pizza Sticks w/ Marinara Dipping Sauce Assorted Fruit & Veggies SideKick Fruit Slush	
	C Lunch: **Peanut Butter & Jelly Sandwich (WG) Dinner Roll		D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll		
October 5, 2020	October 6, 2020	October 7, 2020	October 8, 2020	October 9, 2020	
Grilled Ham & Cheese on pretzel roll Steamed Mixed Veggies Apple Slices	Pizza Sticks w/ Marinara Dipping Sauce Assorted Fruit & Veggies SideKick Fruit Slush	Chicken Tenders & Dinner Roll Carrots & Dip Applesauce	Cheeseburger Curly Fries & Baked Beans Carrots & Dip Mixed Fruit	K-12 Early Dismissal Brunch For Lunch! Tater Tots Chilled Fruit Juice Fruit Cup	
	C Lunch: **Peanut Butter & Jelly Sandwich (WG) Dinner Roll		D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll		
October 12, 2020	October 13, 2020	October 14, 2020	October 15, 2020	October 16, 2020	
	Mini Corn Dog Baked Beans & Steamed Broccoli Baby Carrots & Dip Applesauce	Cheese Calzone Steamed Corn Fruit Cup	Chef Boyardee Raviolis Dinner Roll Small Toss Salad Apple Slices	Personal Cheese Pizza Steamed Green Beans Peaches	
	C Lunch: **Peanut Butter & Jelly Sandwich (WG) Dinner Roll		D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll		
October 19, 2020	October 20, 2020	October 21, 2020	October 22, 2020	October 23, 2020	
French Bread Pizza Curly Fries Assorted Fruit & Veggies	Chicken Tenders & Dinner Roll Carrots & Dip Pineapple Cup	Cheeseburger Steamed Mixed Veggies Carrots & Dip Applesauce	Grilled Ham & Cheese on pretzel roll Green Beans Mixed Fruit	Chicken Nuggets & Dinner Roll Mashed Potatoes & Baked Beans Apple slices Sidekick Fruit Slush	
	C Lunch: **Peanut Butter & Jelly Sandwich (WG) Dinner Roll		D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll		
October 26, 2020	October 27, 2020	October 28, 2020	October 29, 2020	October 30, 2020	
Lasagna Roll Ups & Breadstick Small toss salad Baby Carrots & Dip Applesauce	Brunch For Lunch! Tater Tots Chilled Fruit Juice Fruit Cup	Walking Taco Steamed Corn & Baked Beans Assorted Fruit & Veggies	Popcorn Chicken & Dinner Roll Baby Carrots & Dip Apple Slices	 Mummy Pizza Curly Fries Assorted Fruit & Veggies	
	C Lunch: **Peanut Butter & Jelly Sandwich (WG) Dinner Roll		D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll		

MENUS ARE ALSO ON THE SCHOOL DISTRICT'S WEBSITE - www.pennmanor.net

Parents are encouraged to utilize myschoolbucks.com to put money on their students lunch account!
(Please write your child's first & last name on your check)

Please make checks payable: Penn Manor Food Service

** Contains Peanuts And / Or Nuts **

THERE IS A \$35.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202) 720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.