

County-wide Professional Development				
Date/Time	Topic:	Target Audience:	Presenter:	Access Information:
Aug. 17, 2020 12:00 pm	Strategies to Keep the Calm in Difficult Times It can be challenging to understand the mix of emotions and uncertainty surrounding the COVID-19 experience when many things are outside of your control. Join this 30-minute session to learn strategies and tools to strengthen your ability to cope, reduce stress, and be your best self in difficult times.	Parents	Elizabeth Krantz, Heath Educator	Please click the link below to join the webinar: https://hempfieldsd.zoom.us/j/96760922223 Or iPhone one-tap : US: +13017158592,,96760922223# or +13126266799,,96760922223# Or Telephone: Dial(for higher quality, dial a number based on your current location): US: +1 301 715 8592 or +1 312 626 6799 or +1 646 558 8656 or +1 253 215 8782 or +1 346 248 7799 or +1 669 900 9128 Webinar ID: 967 6092 2223
Aug. 17, 2020 1:00 pm	Coping with Uncertainty It can be challenging to understand the mix of emotions and uncertainty surrounding the COVID-19 experience when many things are outside of your control. This 30-minute session is designed to provide strategies and skills to strengthen your ability to cope, reduce stress, and thrive together in difficult times.	School Employees	Elizabeth Krantz, Heath Educator	Please click the link below to join the webinar: https://hempfieldsd.zoom.us/j/96673873892 Or iPhone one-tap : US: +13126266799,,96673873892# or +16465588656,,96673873892# Or Telephone: Dial(for higher quality, dial a number based on your current location): US: +1 312 626 6799 or +1 646 558 8656 or +1 301 715 8592 or +1 346 248 7799 or +1 669 900 9128 or +1 253 215 8782 Webinar ID: 966 7387 3892

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Aug. 19, 2020 12:30 pm	COVID-19 & Schools	School Employees	Dr. Jeff Martin, PM LGH Chair, Department of Family and Community Medicine Medical Director, Lancaster County Contact Tracing Program	Please click the link below to join the webinar: https://hempfieldsd.zoom.us/j/91775350698 Or iPhone one-tap : US: +13017158592,,91775350698# or +13126266799,,91775350698# Or Telephone: Dial(for higher quality, dial a number based on your current location): US: +1 301 715 8592 or +1 312 626 6799 or +1 646 558 8656 or +1 253 215 8782 or +1 346 248 7799 or +1 669 900 9128 Webinar ID: 917 7535 0698
Aug. 21, 2020 9:30 am	COVID-19 & Schools	School Employees	Dr. Jeff Martin, PM LGH Chair, Department of Family and Community Medicine Medical Director, Lancaster County Contact Tracing Program	Please click the link below to join the webinar: https://hempfieldsd.zoom.us/j/91349969806 Or iPhone one-tap : US: +16465588656,,91349969806# or +13017158592,,91349969806# Or Telephone: Dial(for higher quality, dial a number based on your current location): US: +1 646 558 8656 or +1 301 715 8592 or +1 312 626 6799 or +1 669 900 9128 or +1 253 215 8782 or +1 346 248 7799 Webinar ID: 913 4996 9806