

Penn Manor School District March 2020 High School Menu

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to www.mySchoolBucks.com. Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

Hot Alternatives:
Bacon Cheeseburger, Hamburger, BBQ Chicken Sandwich, Chicken Filet, BLT, Boneless Wings, Meatball Hoagie, Steak Sandwich

Cold Alternatives:
Sweet Bologna Sandwich, Turkey Sandwich, Ham & Cheese Sandwich, PBJ, Turkey & Cheese Hoagie, Ham & Cheese Hoagie, American Hoagie, Ham & Cheese Wrap, Turkey or Tuna Wrap, **Salad Bar**

Items (subject to change upon availability)
Spring Mix, Salad mix, Spinach, Red Beets, Chick Peas, Green/Black Olives, Tomatoes, Peas, Celery, Pickles, Cucumbers, Red/Green Peppers, Onions, Broccoli, Carrots, Mushrooms, Green & Yellow Squash, Macaroni/Potato Salad, Broccoli Salad, Tuna Salad, Diced Chicken, Diced Hard Boiled Eggs, Cottage Cheese, Shredded Mozzarella/Cheddar Cheese, Assorted Fruit, Assorted Light Dressings, WG Dinner Rolls, Croutons, WG Saltine Crackers, Butter, Bacon Bits

MENU SUBJECT TO CHANGE



Elem. Lunch - \$2.35
Sec. Lunch:
\$2.50/\$3.50/\$3.50/\$3.75
Reduced Lunch - \$4.40
Student Milk - \$.60
Adult Lunch - \$3.75/\$4.50

WHAT MAKES A MEAL:
Choose three of five components
*Protein, Milk, Grain, Fruit & Veggies
one of which must be 1/2c fruit or 1/2c veggies
For a reimbursable lunch.

During the month of March through the beginning of April, in honor of lent, we will be serving fish sticks or fish sandwiches as an additional menu option every Friday!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 2, 2020	March 3, 2020	March 4, 2020	March 5, 2020	March 6, 2020
Hot Dog & Curly Fries Steamed Broccoli Assorted Veggies Assorted Fruit & Juice Choice of Milk	 Dr. Seuss's Birthday! Popcorn Chicken & Dinner Roll Mashed Potatoes Assorted Fruit, Juice, & Veggies Choice of Milk	 Steak Sandwich & Fries Assorted Veggies Assorted Fruit & Juice Choice of Milk	Grilled Cheese & Tomato Soup Steamed Green Beans Assorted Veggies Assorted Fruit & Juice Choice of Milk	Buffalo Chicken Pizza Tater Tots Assorted Fruit & Juice Choice of Milk
March 9, 2020	March 10, 2020	March 11, 2020	March 12, 2020	March 13, 2020
National Meatball Day! Meatball Sub & Chips Assorted Veggies Assorted Fruit & Juice Choice of Milk	Tasty Beef or Chicken Tacos Refried Beans & Steamed Corn Assorted Fruit & Juice Choice of Milk	Italian Cheese Pizza Steamed Broccoli Assorted Veggies Assorted Fruit & Juice Choice of Milk	BBQ Rib Sandwich & Curly Fries Green Beans Assorted Veggies Assorted Fruit & Juice Choice of Milk	K-12 Early Dismissal Brunch For Lunch! French Toast Sticks & Sausage Assorted Fruit, Juice, & Veggies Choice of Milk
March 16, 2020	March 17, 2020	March 18, 2020	March 19, 2020	March 20, 2020
Cheese Calzone Steamed Corn Assorted Veggies Assorted Fruit & Juice Choice of Milk	 St. Patrick's Day! Chicken Nuggets Mashed Potatoes Assorted Fruit, Juice, Veggies Choice of Milk	Cheesy Nachos Steamed Corn & Refried Beans Assorted Fruit & Juice Choice of Milk	Sloppy Joes or Pork BBQ French Fries Assorted Veggies Assorted Fruit & Juice Choice of Milk	French Bread Pizza Steamed Green Beans Assorted Fruit, Juice, & Veggies Choice of Milk
March 23, 2020	March 24, 2020	March 25, 2020	March 26, 2020	March 27, 2020
Chicken Fries & Dinner Roll Baked Beans & Au Gratin Potatoes Assorted Veggies Assorted Fruit & Juice Choice of Milk	Cheese Quesadilla Green Beans Assorted Veggies Assorted Fruit & Juice Choice of Milk	Brunch for Lunch! Pancakes, Sausage, & Hashbrowns Assorted Fruit & Juice Choice of Milk	Pizza Sticks & Dipping Sauce Steamed Corn Assorted Veggies Assorted Fruit & Juice Choice of Milk	NO SCHOOL **Weather Make Up Day**
March 30, 2020	March 31, 2020	April 1, 2020	April 2, 2020	April 3, 2020
National Corn Dog Day! Corn Dog & French Fries Assorted Veggies Assorted Fruit & Juice Choice of Milk	Chicken Alfredo Pasta & Breadstick Assorted Veggies Assorted Fruit & Juice Choice of Milk	Fish Sticks & Mac N' Cheese Steamed Broccoli Assorted Veggies Assorted Fruit & Juice Choice of Milk	Popcorn Chicken & Dinner Roll Baked Beans & Mashed Potatoes Assorted Veggies Assorted Fruit & Juice Choice of Milk	Buffalo Chicken or Cheese Pizza Steamed Mixed Veggies Assorted Veggies Assorted Fruit & Juice Choice of Milk

MENUS ARE ALSO ON THE SCHOOL DISTRICT'S WEBSITE www.pennmanor.net
Assorted A La Carte Items available from 5:50 to 3:35 each
Parents are encouraged to purchase for their child pre-paid meals!
(Please write your child's first & last name on your check)

Please make checks payable: Penn Manor Food Service

THERE IS A \$35.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.

** Contains Peanuts And / Or Nuts **

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