

# Penn Manor School District February 2020 High School Menu

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to [www.myschoolbucks.com](http://www.myschoolbucks.com). Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

**Hot Alternatives:**  
Bacon  
Cheeseburger,  
Hamburger, BBQ  
Chicken Sandwich,  
Chicken Filet, BLT,  
Boneless Wings,  
Meatball Hoagie,  
Steak Sandwich  
**Cold Alternatives:**  
Sweet Bologna  
Sandwich, Turkey  
Sandwich, Ham &  
Cheese Sandwich,  
PBJ, Turkey & Cheese  
Hoagie, Ham &  
Cheese Hoagie,  
American Hoagie,  
Ham & Cheese Wrap,  
Turkey or Tuna  
Wrap,  
**Salad Bar**  
**Items:(subject to**  
**change upon**  
**availability)**  
Spring Mix, Salad  
mix, Spinach, Red  
Beets, Chick  
Peas, Green/ Black  
Olives, Tomatoes,  
Peas, Celery, Pickles,  
Cucumbers,  
Red/Green Peppers,  
Onions, Broccoli,  
Carrots, Mushrooms,  
Green & Yellow  
Squash,  
Macaroni/Potato  
Salad, Broccoli Salad,  
Tuna Salad, Diced  
Chicken, Diced Hard  
Boiled Eggs, Cottage  
Cheese, Shredded  
Mozzarella/Cheddar  
Cheese, Assorted  
Fruit, Assorted Light  
Dressings, WG  
Dinner Rolls,  
Croutons, WG Saltine  
Crackers, Butter,  
Bacon Bits

MENU SUBJECT TO CHANGE	Elem. Lunch - \$2.35 Sec. Lunch: \$2.50/\$3.50/\$3.50/\$3.75 Reduced Lunch - \$4.00 Student Milk - \$.60 Adult Lunch: \$3.75/\$4.50	WHAT MAKES A MEAL: Choose three of five components *Protein, Milk, Grain, Fruit & Veggies one of which must be 1/2c fruit or 1/2c veggies For a reimbursable lunch.	We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 717- 872-9500 ext. 2228		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
February 3, 2020	February 4, 2020	February 5, 2020	February 6, 2020	February 7, 2020	
Lasagna & Dinner Roll Steamed Broccoli Assorted Veggies Assorted Fruit & Juice Choice of Milk	<b>TACO TUESDAY!</b> Soft Shell Tacos Steamed Corn & Refried Beans Assorted Veggies Assorted Fruit & Juice Choice of Milk	Corn Dog Steamed Mixed Veggies Assorted Veggies Assorted Fruit & Juice Choice of Milk	Orange Chicken Lo Mein Noodles Assorted Veggies Assorted Fruit & Juice Choice of Milk	<b>K-12 Early Dismissal</b> Brunch for Lunch! Tater Tots Assorted Fruit & Juice Choice of Milk	
February 10, 2020	February 11, 2020	February 12, 2020	February 13, 2020	February 14, 2020	
Popcorn Chicken w/ Dinner Roll Mashed Potatoes Assorted Veggies Assorted Fruit & Juice Choice of Milk	<b>Managers Choice</b> Assorted Veggies Assorted Fruit & Juice Choice of Milk	Fish Sticks Baked Beans Assorted Veggies Assorted Fruit & Juice Choice of Milk	BBQ Rib Sandwich & Chips Steamed Corn Assorted Veggies Assorted Fruit & Juice Choice of Milk	<b>HAPPY VALENTINES DAY! ♥</b> Spaghetti & Meatballs Assorted Red Fruit & Veggies Cherry Jello w/ Whipped Topping Choice of Milk	
February 17, 2020	February 18, 2020	February 19, 2020	February 20, 2020	February 21, 2020	
NO SCHOOL	Grilled Ham & Cheese on Croissant W/ Chicken Noodle Soup Assorted Fruit & Juice Choice of Milk	<b>Managers Choice</b> Assorted Veggies Assorted Fruit & Juice Choice of Milk	Cheesy Nachos Fiesta Black Beans Assorted Veggies Assorted Fruit & Juice Choice of Milk	Pizza Sticks w/ Marinara Dipping Sauce Steamed Green Beans Assorted Veggies, Fruit, & Juice Choice of Milk	
February 24, 2020	February 25, 2020	February 26, 2020	February 27, 2020	February 28, 2020	
Meat Calzone Tostito Chips & Salsa Assorted Veggies Assorted Fruit & Juice Choice of Milk	Chicken Tenders w/ Dinner Roll Baked Beans Assorted Veggies Assorted Fruit & Juice Choice of Milk	Brunch for Lunch! Pancakes, & Sausage Tater Tots Assorted Fruit & Juice Choice of Milk	Mini Corn Dogs Steamed Green Beans Assorted Veggies Assorted Fruit & Juice Choice of Milk	Stuffed Crust Pizza Steamed Corn Assorted Veggies, Fruit, & Juice Choice of Milk	

MENUS ARE ALSO ON THE SCHOOL DISTRICT'S WEBSITE - [www.pennmanor.net](http://www.pennmanor.net)  
Assorted A La Carte Items available from \$1.50 to \$1.85 each  
Parents are encouraged to purchase for their child pre-paid meals!  
(Please write your child's first & last name on your check)

Please make checks payable: Penn Manor Food Service

\*\* Contains Peanuts And / Or Nuts \*\*

THERE IS A \$30.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.

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