


Penn Manor School District February 2020 Elementary Menu

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to www.myschoolbucks.com. Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

MENU SUBJECT TO CHANGE	Elem. Lunch - \$2.35 Sec. Lunch: \$2.50/\$3.50/\$3.50/\$3.75 Reduced Lunch - \$1.40 Student Milk - \$.60 Adult Lunch- \$3.75/\$4.50	WHAT MAKES A MEAL: Choose three of five components *Protein, Milk, Grain, Fruit & Veggies one of which must be 1/2c fruit or 1/2c veggies For a reimbursable lunch.	We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 717- 872-9500 ext. 2228	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 3, 2020	February 4, 2020	February 5, 2020	February 6, 2020	February 7, 2020
 Lasagna & Dinner Roll Steamed Broccoli Celery Sticks & Dip Diced Pears or Blueberries Choice of Milk	TACO TUESDAY! Soft Shell Tacos Steamed Corn & Refried Beans Baby Carrots & Dip Applesauce or Orange Choice of Milk	Corn Dog Steamed Mixed Veggies Pepper Strips & Dip Mandarin Oranges or Strawberries Choice of Milk	Grilled Cheese & Tomato Soup Steamed Green Beans Broccoli & Dip Apple Slices or Diced Peaches Choice of Milk	Early Dismissal French Bread Pizza French Fries Assorted Fruit & Veggies SideKick Fruit Slush Choice of Milk
B Lunch: Chicken Patty Sandwich	C Lunch: ** Peanut Butter & Jelly Sandwich & String Cheese		D Lunch: Yogurt, String Cheese, & Dinner Roll	
February 10, 2020	February 11, 2020	February 12, 2020	February 13, 2020	February 14, 2020
Popcorn Chicken w/ Dinner Roll Mashed Potatoes Baby Carrots & Dip Apple Sauce or Mixed Fruit Choice of Milk	Brunch for Lunch! French Toast & Sausage Hashbrowns Assorted Juice & Fruit Choice of Milk	Fish Sticks Baked Beans & Mac N' Cheese Celery Sticks & Dip Pineapples or Apple Slices SideKick Fruit Slush Choice of Milk	BBQ Rib Sandwich & Chips Steamed Corn Pepper Strips & Dip Diced Pears or Banana Choice of Milk	HAPPY VALENTINES DAY! ♥ Spaghetti & Meatballs Assorted Red Fruit & Veggies Cherry Jello w/ Whipped Topping Choice of Milk
B Lunch: Hot Dog	C Lunch: ** Peanut Butter & Jelly Sandwich & String Cheese		D Lunch: Yogurt, String Cheese, & Dinner Roll	
February 17, 2020	February 18, 2020	February 19, 2020	February 20, 2020	February 21, 2020
NO SCHOOL	Managers Choice Assorted Veggies Assorted Fruit Choice of Milk	Cheesy Nachos Fiesta Black Beans Baby Carrots & Dip Applesauce or Blueberries Choice of Milk	Grilled Ham & Cheese on Croissant W/ Chicken Noodle Soup Diced Pears or Banana Choice of Milk	Pizza Sticks w/ Marinara Dipping Sauce Steamed Green Beans Assorted Fruit & Veggies SideKick Fruit Slush Choice of Milk
B Lunch: Cold Deli Sandwich	C Lunch: ** Peanut Butter & Jelly Sandwich & String Cheese		D Lunch: Yogurt, String Cheese, & Dinner Roll	
February 24, 2020	February 25, 2020	February 26, 2020	February 27, 2020	February 28, 2020
Meat Calzone Tostito Chips & Salsa Cauliflower & Dip Apple Slices or Pineapple Choice of Milk	Chicken Tenders w/ Dinner Roll Baked Beans Baby Carrots & Dip Diced Pears or Orange SideKick Fruit Slush Choice of Milk	Brunch for Lunch! Pancakes, & Sausage Tater Tots Assorted Fruit & Juice Choice of Milk	Mini Corn Dogs Steamed Green Beans Broccoli & Dip Apple Slices or Strawberries Choice of Milk	Stuffed Crust Pizza Steamed Corn Assorted Fruit & Veggies Choice of Milk
B Lunch: Hamburger / Cheese Burger	C Lunch: ** Peanut Butter & Jelly Sandwich & String Cheese		D Lunch: Yogurt, String Cheese, & Dinner Roll	

MENUS ARE ALSO ON THE SCHOOL DISTRICT'S WEBSITE: www.pennmanor.net
 Assorted A La Carte Items available from 1.50 to 1.85 each.
 Parents are encouraged to purchase for their child pre-paid meals!
 (Please write your child's first & last name on your check)

Please make checks payable: Penn Manor Food Service

** Contains Peanuts And/ Or Nuts **

THERE IS A \$35.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 336 W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202) 720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.