

Penn Manor School District
January 2020
Elementary Menu

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to www.mySchoolBucks.com. Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

MENU SUBJECT TO CHANGE 	Elem. Lunch - \$2.35 Sec. Lunch: \$2.50/\$3.50/\$3.50/\$3.75 Reduced Lunch - \$1.40 Student Milk - \$.60 Adult Lunch - \$3.75/\$4.50	WHAT MAKES A MEAL: Choose three of five components *Protein, Milk, Grain, Fruit & Veggies one of which must be 1/2c fruit or 1/2c veggies For a reimbursable lunch.	We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 717- 872-9500 ext. 2228	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		January 1, 2020	January 2, 2020	January 3, 2020
			Popcorn Chicken w/ Dinner Roll Green Beans Celery Sticks & Dip Applesauce or Mixed Fruit Choice of Milk	Cheese Pizza Curly Fries Assorted Cold Veggies Assorted Fruit Choice of Milk
B Lunch: Fish Sticks	C Lunch: ** Peanut Butter & Jelly Sandwich & String Cheese		D Lunch: Yogurt, String Cheese, & Dinner Roll	
January 6, 2020		January 7, 2020	January 8, 2020	January 9, 2020
Managers Choice Assorted Veggies Assorted Fruit Choice of Milk	Chicken Nuggets w/ Dinner Roll Mashed Potatoes Celery Sticks & Dip Diced Pears or Banana Choice of Milk	Spaghetti with Meatballs Steamed Mixed Veggies Pepper Strips & Dip Pineapples or Strawberries Choice of Milk	Brunch for Lunch! Eggs, Pancakes, & Sausage Tater Tots Chilled Fruit Juice Assorted Fruit Choice of Milk	Pizza Sticks w/ Marinara Dipping Sauce Steamed Corn Assorted Cold Veggies Assorted Fruit Choice of Milk
B Lunch: Hamburger	C Lunch: ** Peanut Butter & Jelly Sandwich & String Cheese		D Lunch: Yogurt, String Cheese, & Dinner Roll	
January 13, 2020		January 14, 2020	January 15, 2020	January 16, 2020
NO SCHOOL	Lasagna Roll Ups Steamed Broccoli Baby Carrots & Dip Apple Slices or Pineapples Choice of Milk	Chicken Cheesesteak Green Beans Side Salad Applesauce or Blueberries Choice of Milk	Walking Tacos Steamed Corn Pepper Strips & Dip Orange or Diced Pears Choice of Milk	French Bread Pizza Assorted Veggies Assorted Fruit Choice of Milk
B Lunch: Hot Dog	C Lunch: ** Peanut Butter & Jelly Sandwich & String Cheese		D Lunch: Yogurt, String Cheese, & Dinner Roll	
January 20, 2020		January 21, 2020	January 22, 2020	January 23, 2020
NO SCHOOL	Chicken Tenders w/ Dinner Roll Baked Beans Baby Carrots & Dip Diced Pears or Orange Choice of Milk	Fish Sticks w/ Dinner Roll French Fries Mandarin Oranges or Apple Slices Chilled Fruit Juice Choice of Milk	Grilled Cheese & Tomato Soup Green Beans Broccoli & Dip Apple Slices or Diced Peaches Choice of Milk	K-12 Early Dismissal Brunch for Lunch! Sausage McComet Hashbrowns Assorted Fruit & Juice Choice of Milk
B Lunch: Corn Dog	C Lunch: ** Peanut Butter & Jelly Sandwich & String Cheese		D Lunch: Yogurt, String Cheese, & Dinner Roll	
January 27, 2020		January 28, 2020	January 29, 2020	January 30, 2020
Meatball Sub w/ Cheese Steamed Corn Cauliflower & Dip Apple Slices or Mixed Fruit Choice of Milk	Managers Choice Assorted Veggies Assorted Fruit & Juice Choice of Milk	Cheeseburger w/ Chips Baked Beans Broccoli & Dip Applesauce or Strawberries	Cold Ham & Cheese on Croissant Green Beans Baby Carrots & Dip Blueberries or Diced Pears Choice of Milk	Cheese Pizza Steamed Broccoli Assorted Fruit & Cold Veggies Choice of Milk
B Lunch: Cereal	C Lunch: ** Peanut Butter & Jelly Sandwich & String Cheese		D Lunch: Yogurt, String Cheese, & Dinner Roll	

MENUS ARE ALSO ON THE SCHOOL DISTRICT'S WEBSITE: www.pennmanor.net
Assorted A La Carte Items available from 1.50 to 1.85 each.
Parents are encouraged to purchase for their child pre-paid meals!
(Please write your child's first & last name on your check)

Please make checks payable: Penn Manor Food Service

THERE IS A \$35.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.

** Contains Peanuts And / Or Nuts **

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