## December 2019 Middle School Menu

|   |  | Middle School Menu   |  |   |
|---|--|--|--|---|
| MENU SUBJECT TO CHANGE  | Elem. Lunch - \$2.35  Sec. Lunch: \$2.50/\$3.50/\$3.50/\$3.75  Reduced Lunch - \$.40  Student Milk - \$.60  Adult Lunch- \$3.75/\$4.50 | Choose three of five components  "Protein, Milk, Grain, Fruit & Veggies one of which must be 1/2c fruit or 1/2c veggies  For a reimbursable lunch. | We welcome your comments, questions and suggestions.  Contact the Food Services Department:  Food Services - 717- 872-9500 ext. 2228 |   |
| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
| December 2, 2019  | December 3, 2019   | December 4, 2019   | December 5, 2019   | December 6, 2019  |
| No school   | Managers Choice<br>Steamed Broccoli<br>Assorted Fruit & Juice<br>Choice of Milk  | Chicken Nuggets w/ Dinner Roll<br>Baked Beans<br>Assorted Fruit & Juice<br>Choice of Milk  | Grilled Ham & Cheese on Croissant<br>Green Beans<br>Assorted Fruit & Juice<br>Choice of Milk   | Pizza Sticks w/ Marinara Dipping<br>Sauce<br>Steamed Corn<br>Assorted Fruit & Juice<br>Choice of Milk |
| December 9, 2019  | December 9, 2019   | December 9, 2019   | December 9, 2019   | December 9, 2019  |
| Popcorn Chicken w/ Dinner Roll<br>Mashed Potatoes<br>Assorted Fruit & Juice<br>Choice of Milk | Chicken Tacos<br>Brown Rice<br>Assorted Fruit & Juice<br>Choice of Milk  | Chicken Alfredo with Rotini Pasta<br>Steamed Broccoli<br>Assorted Fruit & Juice<br>Choice of Milk  | Fish Sticks<br>Baked Beans<br>Assorted Fruit & Juice<br>Choice of Milk   | Cheese Quesadilla Pizza<br>Steamed Corn<br>Assorted Fruit & Juice<br>Choice of Milk                   |
| December 16, 2019   | December 17, 2019  | December 18, 2019  | December 19, 2019  | December 20, 2019   |
| Chicken Fajitas w/ Spanish Rice<br>Green Beans<br>Assorted Fruit & Juice<br>Choice of Milk    | Brunch for Lunch! Sausage Patty Tater Tots Assorted Fruit & Juice Choice of Milk   | Cheese Ravioli<br>Assorted Veggies<br>Assorted Fruit & Juice<br>Choice of Milk   | Managers Choice<br>Assorted Veggies<br>Assorted Fruit & Juice<br>Choice of Milk  | K-12 Early Dismissal  Managers Choice  Assorted Veggies  Assorted Fruit & Juice  Choice of Milk       |
| December 23, 2019   | December 24, 2019  | December 25, 2019  | December 26, 2019  | December 27, 2019   |
| December 30, 2019   | December 31, 2019  | Happy<br>Holida<br>January 1, 2020   | January 2, 2020  Welcome   | January 3, 2020   |

MENUS ARE ALSO ON THE SCHOOL DISTRICT'S WEBSITE - www.pe

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