








Penn Manor School District November 2019 Elementary Menu

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to www.myschoolBucks.com. Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

 MENU SUBJECT TO CHANGE	Elem. Lunch - \$2.35 Sec. Lunch: \$2.50/\$3.50/\$3.50/\$3.75 Reduced Lunch - \$.40 Student Milk - \$.60 Adult Lunch-\$3.75/\$4.50	WHAT MAKES A MEAL: Choose three of five components *Protein, Milk, Grain, Fruit & Veggies one of which must be 1/2c fruit or 1/2c veggies For a reimbursable lunch.	We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 717- 872-9500 ext. 2228	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				NO SCHOOL
November 4, 2019	November 5, 2019	November 6, 2019	November 7, 2019	November 8, 2019
Chicken Nuggets w/ Dinner Roll Green Beans Baby Carrots & Dip Apple Slices or Mandarin Oranges Choice of Milk	Cheeseburger Curly Fries Celery Sticks & Dip Pineapples or Applesauce Choice of Milk	K-12 Early Dismissal Grilled Cheese & Tomato Soup Steamed Corn Broccoli Florets & Dip Diced Pears or Grapes Choice of Milk	K-12 Early Dismissal Managers Choice Strawberries or Applesauce Celery Sticks & Dip Choice of Milk	K-12 Early Dismissal French Bread Pizza French Fries Assorted Fruit Choice of Milk
B Lunch: Assorted Cereals	C Lunch: ** Peanut Butter & Jelly Sandwich & String Cheese		D Lunch: Yogurt, String Cheese, & Dinner Roll	
November 11, 2019	November 12, 2019	November 13, 2019	November 14, 2019	November 15, 2019
Stuffed Shells Steamed Carrots Pepper Strips & Dip Apple Slices or Mixed Fruit Choice of Milk	TACO TUESDAY Walking Tacos Refried Beans Diced Peaches or Banana Choice of Milk	Chicken Tenders w/ Dinner Roll Baked Macaroni & Cheese Baby Carrots Grapes or Diced Peaches Choice of Milk	Thanksgiving Dinner Turkey & Stuffing Mashed Potatoes w/ Gravy Green Beans Apple or Cranberry Sauce Choice of Milk	Personal Pizza's Scoops & Salsa Side Salad Assorted Fruit Choice of Milk
B Lunch: Corn Dog	C Lunch: ** Peanut Butter & Jelly Sandwich & String Cheese		D Lunch: Yogurt, String Cheese, & Dinner Roll	
November 18, 2019	November 19, 2019	November 20, 2019	November 21, 2019	November 22, 2019
Meatball sub w/ Cheese Steamed Broccoli Baby Carrots & Dip Diced Pears or Pineapples Choice of Milk	Cheese Quesadilla Refried Beans Pepper Strips & Dip Grapes or Diced Peaches Choice of Milk	Brunch for Lunch! Sausage Patty Hashbrowns Chilled Fruit Juice Strawberries or Mixed Fruit Choice of Milk	Popcorn Chicken w/ Dinner Roll Steamed Mixed Veggies Cucumber Coins & Dip Blueberries or Apple Slices Choice of Milk	Italian Cheese Pizza Green Beans Cauliflower Florets & Dip Sidekick Fruit Slush Assorted Fruit Choice of Milk
B Lunch: Chicken Patty Sandwich	C Lunch: ** Peanut Butter & Jelly Sandwich & String Cheese		D Lunch: Yogurt, String Cheese, & Dinner Roll	
November 25, 2019	November 26, 2019	November 27, 2019	November 28, 2019	November 29, 2019
Cheese Ravioli Green beans Baby Carrots & Dip Applesauce or Orange Choice of Milk	Cheesy Nachos Fiesta Black Beans Toss Salad Mandarin Oranges or Apple Slices Choice of Milk	K-12 Early Dismissal Mini Corn Dogs Steamed Broccoli Cucumber Coins & Dip Assorted Fruit Choice of Milk		NO SCHOOL 
B Lunch: Hot Dog	C Lunch: ** Peanut Butter & Jelly Sandwich & String Cheese		D Lunch: Yogurt, String Cheese, & Dinner Roll	

MENUS ARE ALSO ON THE SCHOOL DISTRICT'S WEBSITE - www.pennmanor.net
 Assorted A La Carte items available from 1:50 to 4:45 each
 Parents are encouraged to purchase for their child pre-paid meal!
 (Please write your child's first & last name on your check)

Please make checks payable: Penn Manor Food Service

THERE IS A \$35.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.

** Contains Peanuts And / Or Nuts **

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