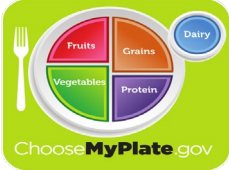






# PENN MANOR SCHOOL DISTRICT

## November 2019

### BREAKFAST MENU

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to [www.mySchoolBucks.com](http://www.mySchoolBucks.com). Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

<b>Available Daily:</b> Assorted Cereals w/Toast Chilled Fruit Chilled Fruit Juice Choice of Milk	<b>High School Breakfast - \$1.50</b> Elem. Breakfast - \$1.25 <b>Reduced Breakfast - \$.30</b> Student Milk - \$.60 Adult Breakfast - \$2.00			We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 717- 872-9500 ext. 2228	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				November 1, 2019	
					
November 4, 2019	November 5, 2019	November 6, 2019	November 7, 2019	November 8, 2019	
French Toast w/ Syrup Or Breakfast Bagel	Breakfast Pizza Or Fruit Parfait with Granola	<b>Early Dismissal</b> Scrambled Eggs, Sausage, & Toast Or Cinni Minis	<b>Early Dismissal</b> Funnel Cake Or Ham McComet	<b>Early Dismissal</b> Managers Choice	
	November 12, 2019	November 13, 2019	November 14, 2019	November 15, 2019	
Sausage McComet Or Breakfast Bun	Breakfast Stick Or Pancakes w/ Syrup	Mini Donuts w/ Cheese Stick Or Egg & Cheese Breakfast Wrap	Breakfast Pizza Or Chocolate Crescent	Mini Blueberry Waffles Or Bagel w/ Cream Cheese	
November 18, 2019	November 19, 2019	November 20, 2019	November 21, 2019	November 22, 2019	
Funnel Cake Or Breakfast Taco	Egg & Cheese McComet Or Cinni Minis	Waffles w/ Syrup Or Scrambled Egg & Cheese w/ Toast	Cinnamon Roll Or Fruit Parfait with Granola	Muffin with Cheese Stick Or Sausage on a biscuit	
November 25, 2019	November 26, 2019	November 27, 2019	November 28, 2019	November 29, 2019	
Breakfast Stick Or French Toast w/ Syrup	Breakfast Pizza Or Breakfast Bun	<b>Early Dismissal</b> Managers Choice			

MENUS ARE NOW ON THE INTERNET - [www.pennmanor.net](http://www.pennmanor.net)

Parents are encouraged to purchase for their child pre-paid meals!  
 (Please write your child's first & last name on your check)  
 Please make checks payable: Penn Manor Food Service

\*\*\*\*\*THERE IS A \$35.00 CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS.

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202) 720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.