


September 2019 Breakfast Menu

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! go to www.mySchoolBucks.com

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Available Daily: Assorted Cereals w/Toast Choice of Milk Chilled Fruit Chilled Fruit Juice	High School Breakfast - \$1.50 Elem. Breakfast - \$1.25 Reduced Breakfast - \$0.30 Student Milk - \$0.60 Adult Breakfast - \$2.00	We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 717- 872-9500 ext. 2228		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 2, 2019	September 3, 2019	September 4, 2019	September 5, 2019	September 6, 2019
	Waffles with syrup or Ham McComet	Breakfast Pizza or Pancakes w/Syrup	Funnel Cake(Dutch Waffle) or Sausage McComet	Muffin w/ cheese stick or Apple or Cherry Frudel
September 9, 2019	September 10, 2019	September 11, 2019	September 12, 2019	September 13, 2019
French Toast Sticks or Breakfast Stick with syrup	Scrambled Eggs w/ Bacon & Toast or Cinnamon or Strawberry Mini Bagel	Manager's Choice	Breakfast Pizza or Pancakes w/Syrup	Funnel Cake(Dutch Waffle) or Sausage McComet
September 16, 2019	September 17, 2019	September 18, 2019	September 19, 2019	September 20, 2019
Muffin w/ cheese stick or Apple or Cherry Frudel	French Toast Sticks or Breakfast Stick with syrup	Scrambled Eggs w/ Bacon & Toast or Cinnamon or Strawberry Mini Bagel	Waffles with syrup or Ham McComet	Breakfast Pizza or Pancakes w/Syrup
September 23, 2019	September 24, 2019	September 25, 2019	September 26, 2019	September 27, 2019
Funnel Cake(Dutch Waffle) or Sausage McComet	Muffin w/ Cheese Stick or Apple or Cherry Frudel	Manager's Choice	Scrambled Eggs w/ Bacon & Toast or Cinnamon or Strawberry Mini Bagel	Waffles with syrup or Ham McComet EARLY DISMISSAL
September 30, 2019	October 1, 2019	October 2, 2019	October 3, 2019	October 4, 2019
Breakfast Pizza or Pancakes w/Syrup	Funnel Cake(Dutch Waffle) or Sausage McComet	Muffin w/ Cheese Stick or Apple or Cherry Frudel	French Toast Sticks or Breakfast Stick with Syrup	Scrambled Eggs w/ Bacon & Toast or Cinnamon or Strawberry Mini Bagel
MENUS ARE NOW ON THE INTERNET - www.pennmanor.net				

Parents are encouraged to purchase for their child pre-paid meals!
 (Please write your child's first & last name on your check)
 Make checks payable: Penn Manor Food Service

*****THERE IS A \$35.00 CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS*****

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202) 720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.