#### Penn Manor Elementary Fun Run Sunday September 29, 2019

Penn Manor Students in Grades K-6 are invited to participate in this FUN event. The running course will be around the loop behind the maintenance building at Manor Middle School.

Kindergarten - 1ª Grade (1/4 mile) run	
Grades 2-6 (1/2 mile) run	

### DATE AND TIME

The races will start promptly at 2:00 pm on Sunday, September 29<sup>th</sup> 2019

Approximate start times: Kindergarten Fun Run – 2:00 1st Grade - 2:10 2<sup>™</sup> Grade - 2:20 3<sup>™</sup> Grade - 2:30 4<sup>™</sup> Grade - 2:40 5<sup>™</sup> Grade - 2:50 6<sup>™</sup> Grade - 3:00

## LOCATION

The running trail behind Manor Middle School. The event is held rain or shine.

## REGISTRATION

**No ENTRY FEE!** Just turn in your completed form at the trail behind Manor Middle on race day between 1:30-2:00 pm. Contact Jenna Fisher at jenna.fisher@pennmanor.net with questions.

# AWARDS

The **Traveling Trophy** will be presented to the elementary school with the highest percentage of students participating in the run. The **top five place winners** are invited to the Lancaster County Championship Race (information to be provided day of the run).

\*\*Participant names will also be drawn for various prizes at the conclusion of the last race\*\* \*Must be present for your prize\*

### <u>COURSE</u>

The races will be run on the trail behind Manor Middle School.

# -----BRING COMPLETED ENTRY FORM TO MANOR MIDDLE SCHOOL ON RACE DAY------

RUN FOR FITNESS APPLICATION (fill out one per student)

Last Name

First Name

Boy or Girl (Circle one)

**Elementary School** 

Grade

#### RELEASE FORM:

This waiver must be signed and submitted in order to participate.

In consideration of this entry, I waive and release for myself, heirs, executors and administrators, any claims associated with this event which I may have against the race officials and Penn Manor School District and all others associated with the race for any and all injuries suffered by me in said event.

I certify that I am physically fit for this race and that I am responsible to run and compete in a manner focused on my personal safety.