

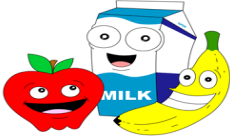













PENN MANOR SCHOOL AUGUST 2019 BREAKFAST MENU

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to www.mySchoolBucks.com. Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

BREAKFAST MENU				
Available Daily: Assorted Cereals w/Toast Chilled Fruit Chilled Fruit Juice Choice of Milk	High School Breakfast - \$1.50 Elem. Breakfast - \$1.25 Reduced Breakfast - \$.30 Student Milk - \$.60 Adult Breakfast - \$2.00	We welcome your comments, questions and suggestions. Contact the Food Services Department: 717- 872-9500 ext. 2228		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 19, 2019	August 20, 2019	August 21, 2019	August 22, 2019	August 23, 2019
<p>Welcome back to a Super new year!!</p>		<p>Choice of Muffin & Cheese stick or Pancakes w/Syrup Chilled Fruit and Fruit Juice Choice of Milk</p>	<p>Waffles w/Syrup Or Breakfast Stick Chilled Fruit and Fruit Juice Choice of Milk</p>	<p>Ham McComet Or Cinnamon or Strawberry Mini Bagel Chilled Fruit and Fruit Juice Choice of Milk</p>
August 26, 2019	August 27, 2019	August 28, 2019	August 29, 2019	August 30, 2019
<p>Funnel Cake (Dutch Waffle) Or Sausage McComet Chilled Fruit and Fruit Juice Choice of Milk</p>	<p>Scrambled Eggs & Bacon Toast or French Toast Sticks Chilled Fruit and Fruit Juice Choice of Milk</p>	<p>Apple Churros or Grape or Chocolate Crescent Chilled Fruit and Fruit Juice Choice of Milk</p>	<p>Breakfast Pizza Or Waffles w/Syrup Chilled Fruit and Fruit Juice Choice of Milk EARLY DISMISSAL</p>	<p>WooHoo! Vacation Day!!</p>
				
<p>Healthy Heart  Healthy You</p>	<p>Have fun with school</p>			 Waffles!
		<p><i>School is Cool!</i></p> 		

MENUS ARE NOW ON THE INTERNET - www.pennmanor.net

Parents are encouraged to purchase for their child pre-paid meals!
(Please write your child's first & last name on your check)
Please make checks payable: Penn Manor Food Services

Cold Cereal/Toast available every day.

THERE IS A \$35.00 CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS.

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202) 720-5964 (VOICE AND TDD).
USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.