




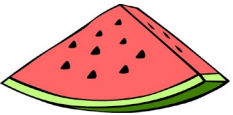


**PENN MANOR SCHOOL DISTRICT
APRIL 2019
BREAKFAST MENU**

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to www.mySchoolBucks.com. Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

BREAKFAST MENU Available Daily: Assorted Cereals w/Toast Chilled Fruit Chilled Fruit Juice Choice of Milk	High School Breakfast - \$1.50 Elem. Breakfast - \$1.25 Reduced Breakfast - \$.30 Student Milk - \$.60 Adult Breakfast - \$2.00	 <p align="center">Choose MyPlate.gov</p>	We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 717- 872-9500 ext. 2228	
MONDAY April 1, 2019	TUESDAY April 2, 2019	WEDNESDAY April 3, 2019	THURSDAY April 4, 2019	FRIDAY April 5, 2019
French Toast Sticks or Grape or Chocolate Crescent Chilled Fruit and Fruit Juice Choice of Milk	Ham McComet or Cinnamon or Strawberry Mini Bagel Chilled Fruit and Fruit Juice Choice of Milk	Cheese Omlette & Toast or Breakfast Stick w/Syrup Chilled Fruit and Fruit Juice Choice of Milk	Breakfast Pizza or Breakfast stick Chilled Fruit and Fruit Juice Choice of Milk	Dutch Waffle w/ Strawberries or Sausage McComet Chilled Fruit and Fruit Juice Choice of Milk
April 8, 2019	April 9, 2019	April 10, 2019	April 11, 2019	April 12, 2019
Pancakes w/syrup or Sausage McComet Chilled Fruit and Fruit Juice Choice of Milk	Scrambled Eggs & Turkey Sausage/ Toast or Apple filled Churro (WG) Chilled Fruit and Fruit Juice Choice of Milk	Choice of Muffin & Cheese stick or Breakfast Stick w/Syrup Chilled Fruit and Fruit Juice Choice of Milk	French Toast Sticks or Grape or Chocolate Crescent Chilled Fruit and Fruit Juice Choice of Milk	Waffles with syrup or Breakfast Pizza Chilled Fruit and Fruit Juice Choice of Milk
April 15, 2019	April 16, 2019	April 17, 2019	April 18, 2019	April 19, 2019
Scrambled Eggs, Turkey Sausage & Toast or Apple or Cherry Frudel Chilled Fruit or Fruit Juice Choice of Milk	Dutch Waffle w/ Blueberries or Egg & Cheese McComet Chilled Fruit and Fruit Juice Choice of Milk	Sausage & biscuits (WG) or Choice of Cereal Chilled Fruit and Fruit Juice Choice of Milk	Cheese Omlette & Toast or French Toast Sticks Chilled Fruit and Fruit Juice Choice of Milk	 SPRING BREAK NO SCHOOL
April 22, 2019	April 23, 2019	April 24, 2019	April 25, 2019	April 26, 2019
 SPRING BREAK NO SCHOOL	Choice of muffin & Cheese stick or Breakfast Pizza Chilled Fruit and Fruit Juice Choice of Milk	Pancakes w/Syrup or Apple Filled Churro Chilled Fruit and Fruit Juice Choice of Milk	Sausage McComet or Cinnamon or Strawberry Mini Bagel Chilled Fruit and Fruit Juice Choice of Milk	Scrambled Eggs, Bacon & Toast or Breakfast Sticks w/ Syrup Chilled Fruit and Fruit Juice Choice of Milk
April 29, 2019	April 30, 2019	April 30, 2019	April 30, 2019	April 30, 2019
Egg & Cheese Biscuits (WG) or Grape or Chocolate Crescent Chilled Fruit and Fruit Juice Choice of Milk	Flex Day Chilled Fruit and Fruit Juice Choice of Milk			
MENUS ARE NOW ON THE INTERNET - www.pennmanor.net				

Parents are encouraged to purchase for their child pre-paid meals!
 (Please write your child's first & last name on your check)
 Please make checks payable: Penn Manor Food Service

*****THERE IS A \$35.00 CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS.

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202) 720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.