






**PENN MANOR SCHOOL DISTRICT  
March 2019  
BREAKFAST MENU**

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to [www.mySchoolBucks.com](http://www.mySchoolBucks.com). Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

<b>BREAKFAST MENU</b> <b>Available Daily:</b> Assorted Cereals w/Toast Chilled Fruit Chilled Fruit Juice Choice of Milk		High School Breakfast - \$1.50 Elem. Breakfast - \$1.25 Reduced Breakfast - \$.30 Student Milk - \$.60 Adult Breakfast - \$2.00		We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 717- 872-9500 ext. 2228	
<b>MONDAY</b>		<b>TUESDAY</b>		<b>WEDNESDAY</b>	
<b>MONDAY</b>		<b>TUESDAY</b>		<b>THURSDAY</b>	
<b>FRIDAY</b> March 1, 2019				<b>MARCH 10th DAY LIGHT SAVINGS TIME</b>	
					
<b>March 4, 2019</b>		<b>March 5, 2019</b>		<b>March 6, 2019</b>	
Pancakes w/syrup or Sausage McComet Chilled Fruit and Fruit Juice Choice of Milk		Scrambled Eggs & Turkey Sausage/ Toast or Apple filled Churro (WG ) Chilled Fruit and Fruit Juice Choice of Milk		Choice of Muffin & Cheese stick or Breakfast Stick w/Syrup Chilled Fruit and Fruit Juice Choice of Milk	
<b>March 7, 2019</b>		<b>March 8, 2019</b>		<b>March 8, 2019</b>	
French Toast Sticks or Grape or Chocolate Crescent Chilled Fruit and Fruit Juice Choice of Milk		Waffles with syrup or Breakfast Pizza Chilled Fruit and Fruit Juice Choice of Milk		Waffles with syrup or Breakfast Pizza Chilled Fruit and Fruit Juice Choice of Milk	
<b>March 11, 2019</b>		<b>March 12, 2019</b>		<b>March 13, 2019</b>	
Scrambled Eggs, Turkey Sausage & Toast or Apple or Cherry Frudel Chilled Fruit or Fruit Juice Choice of Milk		Dutch Waffle w/ peaches or Sausage McComet Chilled Fruit and Fruit Juice Choice of Milk		Pancakes w/Syrup or Apple Filled Churro Chilled Fruit and Fruit Juice Choice of Milk	
<b>March 14, 2019</b>		<b>March 15, 2019</b>		<b>March 15, 2019</b>	
Cheese Omelette & Toast or French Toast Sticks Chilled Fruit and Fruit Juice Choice of Milk		Breakfast Pizza or Breakfast stick Chilled Fruit and Fruit Juice Choice of Milk		Breakfast Pizza or Breakfast stick Chilled Fruit and Fruit Juice Choice of Milk	
<b>March 18, 2019</b>		<b>March 19, 2019</b>		<b>March 20, 2019</b>	
French Toast Sticks or Grape or Chocolate Crescent Chilled Fruit and Fruit Juice Choice of Milk		Choice of muffin & Cheese stick or Panacakes w/ syrup Chilled Fruit and Fruit Juice Choice of Milk		Sausage & biscuits (WG) or Choice of Cereal Chilled Fruit and Fruit Juice Choice of Milk	
<b>March 21, 2019</b>		<b>March 22, 2019</b>		<b>March 22, 2019</b>	
Ham McComet or Cinnamon or Strawberry Mini Bagel Chilled Fruit and Fruit Juice Choice of Milk		Scrambled Eggs, Bacon & Toast or Breakfast Sticks Chilled Fruit and Fruit Juice Choice of Milk <b>EARLY DISMISSAL</b>		Scrambled Eggs, Bacon & Toast or Breakfast Sticks Chilled Fruit and Fruit Juice Choice of Milk <b>EARLY DISMISSAL</b>	
<b>March 25, 2019</b>		<b>March 26, 2019</b>		<b>March 27, 2019</b>	
Egg & Cheese Biscuits (WG) or Grape or Chocolate Crescent Chilled Fruit and Fruit Juice Choice of Milk		Breakfast Pizza or Breakfast stick Chilled Fruit and Fruit Juice Choice of Milk		Cheese Omelette & Toast or French Toast Sticks Chilled Fruit and Fruit Juice Choice of Milk	
<b>March 28, 2019</b>		<b>March 29, 2019</b>		<b>March 29, 2019</b>	
Dutch Waffle w/ peaches or Sausage McComet Chilled Fruit and Fruit Juice Choice of Milk		<b>Flex Day Chilled Fruit and Fruit Juice Choice of Milk</b>		<b>Flex Day Chilled Fruit and Fruit Juice Choice of Milk</b>	
<b>MENUS ARE NOW ON THE INTERNET - <a href="http://www.pennmanor.net">www.pennmanor.net</a></b>					

Parents are encouraged to purchase for their child pre-paid meals!  
(Please write your child's first & last name on your check)  
Please make checks payable: Penn Manor Food Service

\*\*\*\*\*THERE IS A \$35.00 CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS.

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202) 720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.