

**PENN MANOR SCHOOL DISTRICT  
December 2018  
BREAKFAST MENU**

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to [www.mySchoolBucks.com](http://www.mySchoolBucks.com). Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

<b>BREAKFAST MENU</b> <b>Available Daily:</b> Assorted Cereals w/Toast Chilled Fruit Chilled Fruit Juice Choice of Milk	High School Breakfast - \$1.50 Elem. Breakfast - \$1.25 Reduced Breakfast - \$0.30 Student Milk - \$0.60 Adult Breakfast - \$2.00	 Choose MyPlate.gov	We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 717- 872-9500 ext. 2228	
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
December 3, 2018	December 4, 2018	December 5, 2018	December 6, 2018	December 7, 2018
Dutch Waffle w/ Fruit or Sausage McComet Chilled Fruit and Fruit Juice Choice of Milk	Egg & Cheese Biscuit (WG) or Cinnamon or Strawberry Mini Bagel Chilled Fruit and Fruit Juice Choice of Milk	Choice of Muffin & Cheese stick or Breakfast Stick (WG) w/Syrup Chilled Fruit and Fruit Juice Choice of Milk	Scrambled Eggs, Bacon & Toast or French Toast Sticks (WG) Chilled Fruit and Fruit Juice Choice of Milk	Pancakes with syrup or Breakfast Pizza Chilled Fruit and Fruit Juice Choice of Milk
December 10, 2018	December 11, 2018	December 12, 2018	December 13, 2018	December 14, 2018
Cheese Omelette & Toast or French Toast Sticks (WG) Chilled Fruit and Fruit Juice Choice of Milk	Dutch Waffle w/ Fruit or Sausage McComet Chilled Fruit and Fruit Juice Choice of Milk	Scrambled Eggs, Turkey Sausage & Toast or Apple or Cherry Frudel Chilled Fruit or Fruit Juice Choice of Milk <b>"Lucky Breakfast Tray day"</b>	Waffles w/Syrup or Breakfast Stick (WG) Chilled Fruit and Fruit Juice Choice of Milk	Sausage & Chesse (WG) biscuit or Cinnamon or Strawberry Mini Bagel Chilled Fruit and Fruit Juice Choice of Milk
December 17, 2018	December 18, 2018	December 19, 2018	December 20, 2018	December 21, 2018
Dutch Waffle w/ Fruit or Sausage McComet Chilled Fruit and Fruit Juice Choice of Milk	Choice of muffin & Cheese stick or Panacakes w/ syrup Chilled Fruit and Fruit Juice Choice of Milk	French Toast Sticks (WG) or Grape or Chocolate Crescent Chilled Fruit and Fruit Juice Choice of Milk	Cheese Omelette & Toast or French Toast Sticks (WG) Chilled Fruit and Fruit Juice Choice of Milk	Breakfast Pizza or Breakfast stick (WG) Chilled Fruit and Fruit Juice Choice of Milk <b>EARLY DISMISSAL</b>
December 24, 2018	December 25, 2018	December 26, 2018	December 27, 2018	December 28, 2018
				
December 31, 2018				
				
MENUS ARE NOW ON THE INTERNET - <a href="http://www.pennmanor.net">www.pennmanor.net</a>				

Parents are encouraged to visit: [MYSCHOOLBUCKS.COM](http://MYSCHOOLBUCKS.COM)  
If parents are sending checks - (Please write your child's first & last name on your check)  
Please make checks payable: Penn Manor Food Service

\*\*\*\*\*THERE IS A \$35.00 CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS.

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202) 720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.