



Registration is Open Now!

WHEN: Practices begin on November 12th, 2018 and end during the first week of March 2019

- Two practices per week on Mondays & Thursdays
- League Meets held on select Saturdays and Sundays
- White Group (Novice) 5:45-6:45pm
- Blue & Gold Groups (Intermediate & Advanced) 6:45-8:15pm

WHERE: Penn Manor High School Wrestling Room

- Address: 100 E Cottage Ave, Millersville, PA 17551

WHO: Grades K-6th

COSTS: \$60 per athlete

- Additional siblings receive \$10 discount off registration (\$50)
- Scholarship funds available for families who qualify (See website for details)

ONLINE REGISTRATION: PMwrestling.com

WHY WRESTLE: Wrestling Teaches Important Life Skills!

- Self-Defense
- Confidence
- Discipline
- Courage
- Hard work
- Perseverance
- Strength, Speed, Balance, & Coordination
- Personal Accountability & Teamwork

Penn Manor Wrestling Club is a non profit organization.

***Penn Manor Wrestling Club is not affiliated with the Penn Manor School District ***