PENN MANOR SCHOOL DISTRICT SEPTEMBER 2018 BREAKFAST MENU

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to www.mySchoolBucks.com. Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

Choice of Milk TUESDAY WEDNESDAY THURSDAY FRIDAY MONDAY September 3, 2018 September 4, 2018 September 5, 2018 September 6, 2018 September 7, 2018 Monday Mainteend Waffles with syrup or Breakfast Pizza or Funnel Cake(Duch Waffle) or Chiled Fruit and Fruit Juice Choice of Milk Funnel Cake(Duch Waffle) or Chiled Fruit and Fruit Juice Choice of Milk Chiled Fruit and Fruit Juice Choice of Milk September 12, 2018 September 13, 2018 September 14, 2018 French Toast Sticks Or or or or Grape or Chocolate Crescent Chiled Fruit and Fruit Juice Choice of Milk Pancakes w/ Syrup Or Choice of Milk Scrambled Eggs & Bacon Toast Or French Toast Sticks Chiled Fruit and Fruit Juice Choice of Milk Waffles with syrup Or Grape or Chocolate Crescent Choice of Milk Waffles with syrup Or Grape or Chocolate Crescent Choice of Milk Scrambled Eggs & Bacon Toast Or French Toast Sticks Chiled Fruit and Fruit Juice Choice of Milk September 19, 2019 September 20, 2018 September 21, 2018 Cheese Omlette/Toast Or French Toast Sticks Chiled Fruit and Fruit Juice Choice of Milk Scrambled Eggs & Bacon Toast Or French Toast Sticks Chiled Fruit and Fruit Juice Choice of Milk September 22, 2018 September 27, 2018 September 27, 2018 September 28, 2018 September 24, 2018 September 25, 2018	BREAKFAST MENU Available Daily: Assorted Cereals w/Toast Chilled Fruit Chilled Fruit Juice	High School Breakfast - \$1.50 Elem. Breakfast - \$1.25 Reduced Breakfast - \$.30 Student Milk - \$.60 Adult Breakfast - \$2.00		We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 717- 872-9500 ext. 2228	
September 3, 2018 September 4, 2018 September 5, 2018 September 6, 2018 September 7, 2018 Labor Day No School Waffles with syrup (Ham Coomet Chilled Fruit Juce Choice of Milk Breakfast Pizza (Pancakes w/Syrup Chilled Fruit and Fruit Juce Choice of Milk Funnel Cake(Dutch Waffle) Sausage McComet Chilled Fruit and Fruit Juce Choice of Milk Choice of Milk Cheese Omlette/Toast (Chilled Fruit and Fruit Juce Choice of Milk Choice of Milk Cheese Omlette/Toast (Chilled Fruit and Fruit Juce Choice of Milk September 12, 2018 September 13, 2018 September 14, 2018 French Toast Sticks Or Grape or Chocolate Creacent Chilled Fruit and Fruit Juce Choice of Milk Ham McComet or Cinnamon or Strawberry Mini Bagel Pancakes w/Syrup Chilled Fruit and Fruit Juce Choice of Milk September 13, 2018 September 14, 2018 September 17, 2018 September 10, 2018 September 17, 2018 September 16, 2018 September 10, 2019 September 20, 2018 September 20, 2018 September 17, 2018 September 16, 2018 September 10, 2019 September 20, 2018 September 20, 2018 Cheese OmlettrToast Or French Toast Sticks Frunnel Cake(Dutch Waffle) Or September 26, 2018 September 27, 2018					
Waffles with syrup or Ham McCornet Chilled Fruit and Fruit Juice Choice of Milk Breakfast Pizza or Pancakes w/Syrup Chilled Fruit and Fruit Juice Choice of Milk Funnel Cake(Duch Waffle) or Pancakes w/Syrup Chilled Fruit and Fruit Juice Choice of Milk Cheese Omiete/Toast or Sausage McCornet Chilled Fruit and Fruit Juice Choice of Milk Cheese Omiete/Toast or Pancakes w/Syrup Chilled Fruit and Fruit Juice Choice of Milk Cheese Omiete/Toast or Pancakes w/Syrup Chilled Fruit and Fruit Juice Choice of Milk Cheese Omiete/Toast Of Sausage McCornet Choice of Milk Cheese Omiete/Toast Of Pancakes w/Syrup Chilled Fruit and Fruit Juice Choice of Milk Cheese Omiete/Toast Of Pancakes w/Syrup Chilled Fruit and Fruit Juice Choice of Milk Cheese Omiete/Toast Of Pancakes w/Syrup Chilled Fruit and Fruit Juice Choice of Milk Cheese Omiete/Toast Of Pancakes w/Syrup Chilled Fruit and Fruit Juice Choice of Milk Cheese Omiete/Toast Of Pancakes w/Syrup Chilled Fruit and Fruit Juice Choice of Milk September 13, 2018 September 14, 2018 September 17, 2018 September 18, 2018 September 19, 2019 September 20, 2018 September 21, 2018 Cheese Omieter/Toast Of Choice of Milk September 25, 2018 September 26, 2018 September 21, 2018 September 21, 2018 September 24, 2018 September 25, 2018 September 26, 2018 September 28, 2018 September 28, 2018 Susage McCornet Chilled Fruit and Fruit Juice Choice of Milk September 26, 2018 September 2					
French Toast Sticks Grape of Choicelate Crescent Chilled Fruit and Fruit Juice Choice of Milk Ham McComet or Cinnamon or Strawberry Mini Bagel Chilled Fruit and Fruit Juice Choice of Milk Pancakes w/ Syrup of Chilled Fruit and Fruit Juice Choice of Milk Scrambled Eggs & Bacon of French Toast Sticks Chilled Fruit and Fruit Juice Choice of Milk Waffles with syrup of Chilled Fruit and Fruit Juice Choice of Milk September 17, 2018 September 18, 2018 September 19, 2019 September 20, 2018 September 21, 2018 Cheese Omlette/Toast Chilled Fruit and Fruit Juice Choice of Milk Funnel Cake(Dutch Waffle) Or Scrambled Eggs & Turkey Sausage/ Toast Waffles wiSyrup Or Ham McComet Or September 24, 2018 Funnel Cake(Dutch Waffle) Or Scrambled Eggs & Turkey Sausage/ Or Waffles wiSyrup Or Ham McComet Or September 24, 2018 September 25, 2018 September 26, 2018 September 26, 2018 September 24, 2018 September 25, 2018 September 26, 2018 September 27, 2018 Funnel Cake(Dutch Waffle) Or Scrambled Eggs & Bacon Toast Or French Toast Sticks Or Breakfast Tizza Or Or Grage or Choice of Milk Scrambled Eggs & Bacon Toast Or French Toast Sticks Or Breakfast Pizza Or Breakfast Pizza Or Funnel Cake(Dutch Waffle) Or Scrambled Eggs & Bacon Toast Or French Toast Sticks Or French Toast Sticks Or Breakfast Pizza Or No School Chilled Fruit and	Labor Day	Waffles with syrup or Ham McComet Chilled Fruit and Fruit Juice	Breakfast Pizza or Pancakes w/Syrup Chilled Fruit and Fruit Juice	Funnel Cake(Dutch Waffle) or Sausage McComet Chilled Fruit and Fruit Juice	Cheese Omlette/Toast or Apple or Cherry Frudel Chilled Fruit and Fruit Juice
French Toast Sticks Grape of Choicelate Crescent Chilled Fruit and Fruit Juice Choice of Milk Ham McComet or Cinnamon or Strawberry Mini Bagel Chilled Fruit and Fruit Juice Choice of Milk Pancakes w/ Syrup of Chilled Fruit and Fruit Juice Choice of Milk Scrambled Eggs & Bacon of French Toast Sticks Chilled Fruit and Fruit Juice Choice of Milk Waffles with syrup of Chilled Fruit and Fruit Juice Choice of Milk September 17, 2018 September 18, 2018 September 19, 2019 September 20, 2018 September 21, 2018 Cheese Omlette/Toast Chilled Fruit and Fruit Juice Choice of Milk Funnel Cake(Dutch Waffle) Or Scrambled Eggs & Turkey Sausage/ Toast Waffles wiSyrup Or Ham McComet Or September 24, 2018 Funnel Cake(Dutch Waffle) Or Scrambled Eggs & Turkey Sausage/ Or Waffles wiSyrup Or Ham McComet Or September 24, 2018 September 25, 2018 September 26, 2018 September 26, 2018 September 24, 2018 September 25, 2018 September 26, 2018 September 27, 2018 Funnel Cake(Dutch Waffle) Or Scrambled Eggs & Bacon Toast Or French Toast Sticks Or Breakfast Tizza Or Or Grage or Choice of Milk Scrambled Eggs & Bacon Toast Or French Toast Sticks Or Breakfast Pizza Or Breakfast Pizza Or Funnel Cake(Dutch Waffle) Or Scrambled Eggs & Bacon Toast Or French Toast Sticks Or French Toast Sticks Or Breakfast Pizza Or No School Chilled Fruit and	September 10, 2018	September 11, 2018	September 12, 2018	September 13, 2018	September 14, 2018
Cheese Omlette/Toast Or Funnel Cake(Dutch Waffle) Or Scrambled Eggs & Turkey Sausage/ Toast Or Waffles w/Syrup Or Waffles w/Syrup Or Ham McComet Or Chilled Fruit and Fruit Juice Choice of Milk Funnel Cake(Dutch Waffle) Chilled Fruit and Fruit Juice Choice of Milk Scrambled Eggs & Turkey Sausage/ Or Waffles w/Syrup Or Waffles w/Syrup Or Ham McComet Or September 24, 2018 September 25, 2018 September 26, 2018 September 27, 2018 September 28, 2018 Funnel Cake(Dutch Waffle) Or Scrambled Eggs & Bacon Toast Or Scrambled Eggs & Bacon Toast French Toast Sticks Chilled Fruit and Fruit Juice Choice of Milk Scrambled Eggs & Bacon Toast French Toast Sticks Breakfast Pizza Or Breakfast Pizza Or K+12 In - Service Day No School Susage McComet Chilled Fruit and Fruit Juice Choice of Milk Or Gof Milk K+12 In - Service Day No School K+12 In - Service Day No School	French Toast Sticks or Grape or Chocolate Crescent Chilled Fruit and Fruit Juice	Ham McComet or Cinnamon or Strawberry Mini Bagel Chilled Fruit and Fruit Juice	Pancakes w/ Syrup or Breakfast Stick w/Syrup Chilled Fruit and Fruit Juice	Scrambled Eggs & Bacon Toast or French Toast Sticks Chilled Fruit and Fruit Juice	Waffles with syrup or Breakfast Pizza Chilled Fruit and Fruit Juice
Cheese Omlette/Toast Or Funnel Cake(Dutch Waffle) Or Toast Or Waffles w/Syrup Or Ham McComet Or French Toast Sticks Chilled Fruit and Fruit Juice Choice of Milk Sausage McComet Chilled Fruit and Fruit Juice Choice of Milk Maple of Cherry Frudel Chilled Fruit and Fruit Juice Choice of Milk Waffles w/Syrup Or Timmed Cake(Dutch Waffle) Chilled Fruit and Fruit Juice Choice of Milk Toast Or Waffles w/Syrup Or Timmed Cake(Dutch Waffle) Chilled Fruit and Fruit Juice Choice of Milk Timmed Cake(Dutch Waffle) Or September 25, 2018 September 26, 2018 September 27, 2018 September 28, 2018 Funnel Cake(Dutch Waffle) Or Scrambled Eggs & Bacon Toast Or French Toast Sticks Of French Toast Sticks Or Breakfast Pizza Or Breakfast Pizza Or Waffles w/Syrup Chilled Fruit and Fruit Juice Choice of Milk K-12 In - Service Day No School Funnel Cake(Dutch Waffle) Or Or Got Milk Breakfast Pizza Or Waffles w/Syrup Chilled Fruit and Fruit Juice Choice of Milk Breakfast Pizza Or K-12 In - Service Day No School	September 17, 2018	September 18, 2018	September 19, 2019	September 20, 2018	September 21, 2018
Funnel Cake(Dutch Waffle) Or Sausage McComet Chilled Fruit and Fruit Juice Choice of Milk Scrambled Eggs & Bacon Toast or French Toast Sticks Chilled Fruit and Fruit Juice Choice of Milk French Toast Sticks or Grape or Chocolate Crescent Chilled Fruit and Fruit Juice Choice of Milk Breakfast Pizza Or Waffles w/Syrup Chilled Fruit and Fruit Juice Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice of Milk Image: Choice o	Or French Toast Sticks Chilled Fruit and Fruit Juice	Or Sausage McComet Chilled Fruit and Fruit Juice	Toast Or Apple of Cherry Frudel Chilled Fruit and Fruit Juice Choice of Milk	Or Breakfast Stick Chilled Fruit and Fruit Juice	Or Cinnamon or Strawberry Mini Bagel Chilled Fruit and Fruit Juice
Funnel Cake(Dutch Waffle) Or Sausage McComet Chilled Fruit and Fruit Juice Choice of Milk Schambled Eggs & Bacon Toast or French Toast Sticks Chilled Fruit and Fruit Juice Choice of Milk French Toast Sticks or Grape or Chocolate Crescent Chilled Fruit and Fruit Juice Choice of Milk Breakfast Pizza Or Waffles w/Syrup Chilled Fruit and Fruit Juice Choice of Milk	September 24, 2018	September 25, 2018	September 26, 2018	September 27, 2018	September 28, 2018
	Or Sausage McComet Chilled Fruit and Fruit Juice	Toast or French Toast Sticks Chilled Fruit and Fruit Juice	or Grape or Chocolate Crescent Chilled Fruit and Fruit Juice	Or Waffles w/Syrup Chilled Fruit and Fruit Juice	K-12 In - Service Day
MENUS ARE NOW ON THE INTERNET - www.pennmanor.net	READ				

Parents are encouraged to purchase for their child pre-paid meals! (Please write your child's first & last name on your check) Please make checks payable: Penn Manor Food Service

*****THERE IS A \$35.00 CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS.

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202) 720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.