

PENN MANOR SCHOOL DISTRICT SEPTEMBER 2018 BREAKFAST MENU

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to www.mySchoolBucks.com. Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

BREAKFAST MENU Available Daily: Assorted Cereals w/Toast Chilled Fruit Chilled Fruit Juice Choice of Milk	High School Breakfast - \$1.50 Elem. Breakfast - \$1.25 Reduced Breakfast - \$.30 Student Milk - \$.60 Adult Breakfast - \$2.00		We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 717- 872-9500 ext. 2228	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 3, 2018	September 4, 2018	September 5, 2018	September 6, 2018	September 7, 2018
 Labor Day No School	Waffles with syrup or Ham McComet Chilled Fruit and Fruit Juice Choice of Milk	Breakfast Pizza or Pancakes w/Syrup Chilled Fruit and Fruit Juice Choice of Milk	Funnel Cake(Dutch Waffle) or Sausage McComet Chilled Fruit and Fruit Juice Choice of Milk	Cheese Omelette/Toast or Apple or Cherry Frudel Chilled Fruit and Fruit Juice Choice of Milk
September 10, 2018	September 11, 2018	September 12, 2018	September 13, 2018	September 14, 2018
French Toast Sticks or Grape or Chocolate Crescent Chilled Fruit and Fruit Juice Choice of Milk	Ham McComet or Cinnamon or Strawberry Mini Bagel Chilled Fruit and Fruit Juice Choice of Milk	Pancakes w/ Syrup or Breakfast Stick w/Syrup Chilled Fruit and Fruit Juice Choice of Milk	Scrambled Eggs & Bacon Toast or French Toast Sticks Chilled Fruit and Fruit Juice Choice of Milk	Waffles with syrup or Breakfast Pizza Chilled Fruit and Fruit Juice Choice of Milk
September 17, 2018	September 18, 2018	September 19, 2019	September 20, 2018	September 21, 2018
Cheese Omelette/Toast Or French Toast Sticks Chilled Fruit and Fruit Juice Choice of Milk	Funnel Cake(Dutch Waffle) Or Sausage McComet Chilled Fruit and Fruit Juice Choice of Milk	Scrambled Eggs & Turkey Sausage/ Toast Or Apple or Cherry Frudel Chilled Fruit and Fruit Juice Choice of Milk "Lucky Breakfast Tray day"	Waffles w/Syrup Or Breakfast Stick Chilled Fruit and Fruit Juice Choice of Milk	Ham McComet Or Cinnamon or Strawberry Mini Bagel Chilled Fruit and Fruit Juice Choice of Milk
September 24, 2018	September 25, 2018	September 26, 2018	September 27, 2018	September 28, 2018
Funnel Cake(Dutch Waffle) Or Sausage McComet Chilled Fruit and Fruit Juice Choice of Milk	Scrambled Eggs & Bacon Toast or French Toast Sticks Chilled Fruit and Fruit Juice Choice of Milk	French Toast Sticks or Grape or Chocolate Crescent Chilled Fruit and Fruit Juice Choice of Milk	Breakfast Pizza Or Waffles w/Syrup Chilled Fruit and Fruit Juice Choice of Milk	 K-12 In - Service Day No School
				
MENUS ARE NOW ON THE INTERNET - www.pennmanor.net				

Parents are encouraged to purchase for their child pre-paid meals!
(Please write your child's first & last name on your check)
Please make checks payable: Penn Manor Food Service

*****THERE IS A \$35.00 CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS.

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202) 720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.