










**Penn Manor School District
MAY 2018-JUNE 2018
Middle School Menu**

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to www.mySchoolBucks.com. Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

Hot Alternatives:
Bacon Cheeseburger, Hamburger, BBQ Chicken Sandwich, Chicken Filet Sandwich,Boneless Wings,Meatball Hoagie, Personal Pan Pizza, Fish Sandwich.
Cold Alternatives:
Sweet Bologna Sandwich, Turkey Sandwich, Ham & Cheese Sandwich, PBJ, Turkey&Cheese Hoagie, Ham&Cheese Hoagie, American Hoagie, Ham&Cheese Wrap,Turkey Wrap
Salad Bar Items:(subject to change upon availability)
Spring Mix, Iceberg/Romaine mix, Spinach, Red Beets, Chick Peas, Green/Black Olives, Tomatoes, Celery, Pickles, Cucumbers, Red/Green Peppers,Black Beans, Kidney Beans, Onions, Broccoli,Carrots, Macaroni Salad, Potato Salad, Cole Slaw,Tuna Salad, Diced Chicken, Diced Ham, Diced Turkey, Diced Hard Boiled Eggs,Red Beet Eggs,Cottage Cheese, Shredded Mozzarella/Cheddar Cheese,Assorted Fruit, Assorted Light Dressings, WG Dinner Rolls, WG Croutons, Butter, Chinese Noodles

Middle Schools Menu MENUS SUBJECT TO CHANGE	Elem. Lunch - \$2.35	WHAT MAKES A MEAL:			
	Sec. Lunch: \$2.50/\$3.50/\$3.50/\$3.75 Reduced Lunch - \$.40 Student Milk - \$.60 Adult Lunch- \$3.75/\$4.50	Choose three of five components *Protein, Milk, Grain, Fruit & Veggies <small>one of which must be 1/2c fruit or 1/2c veggies</small> for a reimbursable lunch.	We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 872-9500 ext. 2228		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
May 7, 2018	May 8, 2018	May 9, 2018	May 10, 2018	May 11, 2018	
Hamburger on a roll(WG) Golden Potato Rounds Steamed Peas Chilled Fruit Juice Assorted Fruit Choice of Milk	Pulled Pork on a Roll(WG) Baked Beans Carrot Sticks w / Dip French Fries Assorted Fruit Chilled Fruit Juice Choice of Milk	Grilled Cheese Sandwich(WG) Tomato Soup Tossed Salad/Cherry Tomatoes Assorted Fruit Chilled Fruit Juice Choice of Milk	Hot Ham and Cheese on Pretzel roll(WG) Fluffy Whipped Potatoes Steamed Corn Assorted Fruit Chilled Fruit Juice Choice of Milk	Italian Cheese Pizza(WG) Red Pepper Strips/Dip Romaine Lettuce Salad/Cherry Tomatoes Assorted Fruit Chilled Fruit Juice Choice of Milk	
May 14, 2018	May 15, 2018	May 16, 2018	May 17, 2018	May 18, 2018	
Hot Open Face Turkey Sandwich(WG) Fluffy Whipped Potatoes Steamed Broccoli Assorted Fruit Chilled Fruit Juice Choice of Milk	Tasty Tacos Romaine Lettuce & Tomato Fiesta Rice Steamed Corn Assorted Fruit Chilled Fruit Juice Choice of Milk	Steak Sandwich(WG) French Fries Baked Beans Assorted Ice Cream Assorted Fruit Chilled Fruit Juice Choice of Milk	Penne w/Meatballs or Meatball Sub(WG) Tossed Salad w/Cherry Tomatoes Steamed Green Beans Chilled Fruit Juice Assorted Fruit Choice of Milk	Big Daddy's Pizza(WG) Sweet Potato Fries Celery Sticks w / Dip Assorted Fruit Chilled Fruit Juice Choice of Milk	
May 21, 2018	May 22, 2018	May 23, 2018	May 24, 2018	May 25, 2018	
Hot Ham /Cheese on a Pretzel roll(WG) Fluffy Whipped Potatoes Steamed Corn Assorted Fruit Chilled Fruit Juice Choice of Milk	Pulled Pork on a roll(WG) French Fried Potatoes Red Pepper Strips/Dip Assorted Fruit Chilled Fruit Juice Choice of Milk	Grilled Cheese Sandwich(WG) Tomato Soup Tossed Salad/Cherry Tomatoes Assorted Fruit Chilled Fruit Juice Choice of Milk	Chicken Cheesesteaks(WG) Cole Slaw French Fries Assorted Fruit Chilled Fruit Juice Choice of Milk	Italian Cheese Pizza(WG) Steamed Green Beans Sidekicks Fruit Slush Assorted Fruit Chilled Fruit Juice Choice of Milk	
May 28, 2018	May 29, 2018	May 30, 2018	May 31, 2018	June 1, 2018	
NO SCHOOL -HOLIDAY	Penne w/Meatballs or Meatball Sub(WG) Tossed Salad w/Cherry Tomatoes Steamed Green Beans Chilled Fruit Juice Assorted Fruit Choice of Milk	Hot Dog w/Roll(WG) Baked Macaroni & Cheese Relish tray Assorted Fruit Chilled Fruit Juice Choice of Milk	Tangy Tacos w / Lettuce & Tomato Fiesta Rice Refried Beans Assorted Fruit Chilled Fruit Juice Choice of Milk	Big Daddy's Pizza(WG) Cal Blend Vegetables Baby Carrots w / Dip Assorted Fruit Chilled Fruit Juice Choice of Milk	
June 4, 2018	June 5, 2018	June 6, 2018	June 7, 2018	June 8, 2018	
 MANAGERS CHOICE ENTRÉE MANAGERS CHOICE VEGETABLE ASSORTED FRUIT CHOICE OF MILK 	 MANAGERS CHOICE ENTRÉE MANAGERS CHOICE VEGETABLE ASSORTED FRUIT CHOICE OF MILK 	 MANAGERS CHOICE ENTRÉE MANAGERS CHOICE VEGETABLE ASSORTED FRUIT CHOICE OF MILK 	 LAST DAY OF SCHOOL NO LUNCH SERVED 	 summer fun	
MENUS ARE NOW ON THE INTERNET - www.pennmanor.net					
Parents are encouraged to purchase for their child pre-paid meals!			** Contains Peanuts And / Or Nuts **		
(Please write your child's first & last name on your check when purchasing a meal ticket!) Please make checks payable: Penn Manor Food Services			Soup & Salad Bar available daily - \$3.75		

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202) 720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

THERE IS A \$35.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.