


Penn Manor School District
MAY 2018-JUNE 2018
Elementary Menu

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to www.mySchoolBucks.com. Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

Elementary Menu MENUS SUBJECT TO CHANGE		Elem. Lunch - \$2.35 Sec. Lunch: \$2.50/\$3.50/\$3.50/\$3.75 Reduced Lunch - \$.40 Student Milk - \$.60 Adult Lunch- \$3.75/\$4.50	WHAT MAKES A MEAL: Choose three of five components "Protein, Milk, Grain, Fruit & Veggies one of which must be 1/2c fruit or 1/2c veggies for a reimbursable lunch.	We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 872-9500 ext. 2228	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
May 7, 2018	May 8, 2018	May 9, 2018	May 10, 2018	May 11, 2018	
Ham or Turkey Hoagie(WG) Baked Chips Red Pepper Strips w/Dip Chilled Fruit Juice Assorted Fruit Choice of Milk	Grilled Cheese Sandwich(WG) Tomato Soup Baby Carrots & dip Assorted Fruit Choice of Milk	Pulled Pork on a Bun(WG) Golden Potato Rounds Baked Beans Assorted Fruit Choice of Milk	Popcorn Chicken(WG) Fluffy Whipped Potatoes Steamed Green Beans Dinner Roll Assorted Fruit Choice of Milk	Italian Cheese Pizza(WG) California Blend Vegetables Romaine Lettuce Salad Chilled Fruit Juice Assorted Fruit Choice of Milk	
B Lunch: Egg McComet	C Lunch: **Peanut Butter & Jelly Sandwich**		D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll		
May 14, 2018	May 15, 2018	May 16, 2018	May 17, 2018	May 18, 2018	
Hot Open Face Turkey Sandwich(WG) Fluffy Whipped Potatoes Steamed Carrots Assorted Fruit Choice of Milk	Walking Tacos Lettuce & Tomato Steamed Corn Refried Beans Assorted Fruit Choice of Milk	Lasagna Rollups/Marinara Sauce (WG) Romaine Lettuce Salad Dinner Roll (WG) Chilled Fruit Juice Assorted Fruit Choice of Milk	Grilled Cheese Sandwich(WG) Tomato Soup Steamed Green Beans Assorted Fruit Choice of Milk	Big Daddys Pizza(WG) Baby Carrots Celery Sticks w / Dip Sidekick Fruit Slush Assorted Fruit Choice of Milk	
B Lunch: Cold Deli Sandwich	C Lunch: **Peanut Butter & Jelly Sandwich**		D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll		
May 21, 2018	May 22, 2018	May 23, 2018	May 24, 2018	May 25, 2018	
Popcorn Chicken Baked Macaroni & Cheese(WG) Steamed Broccoli Baby Carrots w / Dip Assorted Fruit Choice of Milk	Ham or Turkey Hoagie(WG) Baked Chips Red Pepper Strips w/Dip Chilled Fruit Juice Assorted Fruit Choice of Milk	Pulled Pork on a Bun(WG) French Fries Steamed Corn Assorted Fruit Choice of Milk	Pasta w/sauce(WG) Tossed Salad Dinner Roll(WG) Chilled Fruit Juice Assorted Fruit Choice of Milk	Italian Cheese Pizza(WG) Steamed Green Beans Goldfish Crackers Assorted Fruit Choice of Milk	
B Lunch: Hot Dog / Roll	C Lunch: **Peanut Butter & Jelly Sandwich**		D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll		
May 28, 2018	May 29, 2018	May 30, 2018	May 31, 2018	June 1, 2018	
NO SCHOOL -HOLIDAY	Hot Dog w/roll(WG) French Fries Baked Beans Sidekick Fruit Slush Assorted Fruit Choice of Milk	Hot Open Turkey Sandwich(WG) Mashed Potatoes Steamed Green Beans Assorted Fruit Chilled Fruit Juice Choice of Milk	Tangy Tacos w / Lettuce & Tomato Baked Potato Steamed Corn Assorted Fruit Choice of Milk	Big Daddys Pizza(WG) Steamed Broccoli Celery Sticks w / Dip Vanilla or Chocolate Ice Cream Cups Choice of Milk	
B Lunch: Hamburger / Roll	C Lunch: **Peanut Butter & Jelly Sandwich**		D Lunch: 4 oz. Yogurt & String Cheese		
June 4, 2018	June 5, 2018	June 6, 2018	June 7, 2018	June 8, 2018	
 MANAGERS CHOICE ENTRÉE MANAGERS CHOICE VEGETABLE ASSORTED FRUIT CHOICE OF MILK 	 MANAGERS CHOICE ENTRÉE MANAGERS CHOICE VEGETABLE ASSORTED FRUIT CHOICE OF MILK 	 MANAGERS CHOICE ENTRÉE MANAGERS CHOICE VEGETABLE ASSORTED FRUIT CHOICE OF MILK 	 LAST DAY OF SCHOOL NO LUNCH SERVED 		
B Lunch: Chicken Patty / Roll	C Lunch: **Peanut Butter & Jelly Sandwich**		D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll		

Assorted A La Carte items available from \$.50 to \$.85 each

**** S Lunch: Chef Salad Available Every Wednesday Only ****

Parents are encouraged to purchase for their child pre-paid meals!
(Please write your child's first & last name on your check when purchasing a meal ticket!)

Please make checks payable: **Penn Manor Food Services**

Yogurt & String Cheese - D Lunch Nutritional Information:
Calories - 190, Fat - 7 grams

**** Contains Peanuts And / Or Nuts ****

THERE IS A \$35.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.

Meal tickets can now be used to purchase breakfast, lunches, and ala carte items.

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202) 720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.