

Penn Manor High School Breakfast Menu Serve time: 7:00 – 7:30 a.m.

Monday	Tuesday	Wednesday	Thursday	Friday
Ham & cheese Mc Comet sandwich	Funnel Cake	French toast sticks	Breakfast Stick	Sausage & cheese Mc Comet sandwich
Chilled Fruit & Fruit Juice Choice of Milk	Chilled Fruit & Fruit Juice Choice of Milk	Chilled Fruit & Fruit Juice Choice of Milk	Chilled Fruit & Fruit Juice Choice of Milk	Chilled Fruit & Fruit Juice Choice of Milk

Daily Menu

Breakfast Price: \$1.50

4oz whole grain muffins

(Blueberry, Chocolate Chip, Banana Nut, Double Chocolate Chip)

Mini Pancakes

Stuffed Whole Grain Bagels

(Stuffed with Cinnamon Cream Cheese or Strawberry)

Cold Cereal with Toast

Mini Waffles

All breakfast meals come with choice of (1) fruit & (1) juice & (1) milk.

*Variety may vary daily according to availability. All items are whole grain rich.

** Must take two items to qualify as a reimbursable meal.

Milk choices may include: 1% Chocolate, Strawberry & White **Price: \$0.60**

Fruit choices may include: Raisins, Applesauce, Peaches, Pears, Strawberries, Craisins, Apples, Oranges, Bananas, Apple packs and Grapes

100% Juice Choice may include: Orange, Fruit Punch, Apple or Grape