

**Penn Manor School District
JANUARY 2018-FEBRUARY 2018
Elementary Menu**

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to www.mySchoolBucks.com. Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

Penn Manor Charge Policy:

The district permits students to incur reasonable charges for school meals. In an effort to ensure the effective operation of the district's food service program, the district establishes the following procedures for student payment of school meals. **At the Elementary Level:** Meals will always be provided to students as per federal regulations. Students will not be permitted to purchase a la carte items when they have a negative balance for charged lunches. **At the Secondary level:** Students who have exhausted their lunch account and reach a negative balance of 5 MEALS will only be permitted to purchase the featured main line lunch until the negative balance has been paid. A la carte items may not be purchased until negative lunch balances are resolved.

Elementary Menu MENUS SUBJECT TO CHANGE	Elem. Lunch - \$2.35 Sec. Lunch: \$2.50/\$3.50/\$3.50/\$3.75 Reduced Lunch - \$.40 Student Milk - \$.60 Adult Lunch- \$3.75/\$4.50	PRE-PAID TICKET INFORMATION:		
		Elementary - \$50.00 Secondary - \$50.00 Reduced - \$10.00	We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 872-9500 ext. 2228	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENJOY	A	HEALTHY	LUNCH	TODAY
January 15, 2018	January 16, 2018	January 17, 2018	January 18, 2018	January 19, 2018
NO SCHOOL-HOLIDAY	NO SCHOOL-In Service	Hamburger on a Bun Golden Potato Rounds Baked Beans Assorted Fruit Choice of Milk	Chicken Tenders Fluffy Whipped Potatoes Steamed Green Beans Dinner Roll Assorted Fruit Choice of Milk	Italian Cheese Pizza California Blend Vegetables Romaine Lettuce Salad Assorted Fruit Choice of Milk
B Lunch: Cold Deli Sandwich January 22, 2018	C Lunch: **Peanut Butter & Jelly Sandwich** January 23, 2018	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll January 24, 2018	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll January 25, 2018	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll January 26, 2018
Popcorn Chicken Fluffy Whipped Potatoes Carrots Dinner Roll Assorted Fruit Choice of Milk	Walking Tacos Lettuce & Tomato Steamed Corn Refried Beans Assorted Fruit Choice of Milk	Pizza Sticks w / Dipping Sauce Green Beans Tossed Salad Dinner Roll Chilled Fruit Juice Assorted Fruit Choice of Milk	Pasta w/sauce Tossed Salad Dinner Roll Chilled Fruit Juice Assorted Fruit Choice of Milk	French Bread Pizza Baby Carrots Celery Sticks w / Dip Sidekick Fruit Slush Assorted Fruit Choice of Milk
B Lunch: Hot Dog / Roll January 29, 2018	C Lunch: **Peanut Butter & Jelly Sandwich** January 30, 2018	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll January 31, 2018	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll February 1, 2018	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll February 2, 2018
Chicken Bites Baked Macaroni & Cheese Steamed Broccoli Baby Carrots w / Dip Assorted Fruit Choice of Milk	FLEX DAY Managers Choice Choice of Veggie Assorted Fruit Choice of Milk	Brunch for Lunch Sausage Patty Steamed Corn Chilled Fruit Juice Assorted Fruit Choice of Milk	Grilled Cheese Sandwich Tomato Soup Romaine Lettuce Salad Assorted Fruit Choice of Milk	Italian Cheese Pizza Steamed Green Beans Goldfish Crackers Assorted Fruit Choice of Milk
B Lunch: Hamburger / Roll February 5, 2018	C Lunch: **Peanut Butter & Jelly Sandwich** February 6, 2018	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll February 7, 2018	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll February 8, 2018	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll February 9, 2018
Popcorn Chicken Oven Brown Potatoes Steamed Peas Assorted Fruit Chilled Fruit Juice Choice of Milk	Hot Dog w/roll French Fries Baked Beans Sidekick Fruit Slush Assorted Fruit Choice of Milk	Hot Ham & Cheese Sandwich Baked Chips Steamed Green Beans Assorted Fruit Chilled Fruit Juice Choice of Milk	Tangy Tacos w / Lettuce & Tomato Baked Potato Corn Assorted Fruit Choice of Milk	French Bread Pizza Steamed Broccoli Celery Sticks w / Dip Pudding Cup Choice of Milk
B Lunch: Chicken Patty / Roll February 12, 2018	C Lunch: **Peanut Butter & Jelly Sandwich** February 13, 2018	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll February 14, 2018	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll February 15, 2018	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll February 16, 2018

Assorted A La Carte items available at \$.75 each

**** S Lunch: Chef Salad Available Every Wednesday Only ****

Parents are encouraged to purchase for their child pre-paid meals!
(Please write your child's first & last name on your check when purchasing a meal ticket!)

Please make checks payable: Penn Manor Food Services

Yogurt & String Cheese - D Lunch Nutritional Information:
Calories - 190, Fat - 7 grams

**** Contains Peanuts And / Or Nuts ****

THERE IS A \$35.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.

Meal tickets can now be used to purchase breakfast, lunches, and ala carte items.

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202) 720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.