GIRLS ON THE RUN

NO RUNNING EXPERIENCE REQUIRED

OUR PROGRAM: At Girls on the Run, we are creating a community of girls empowered to be their best, by teaching them the skills they need to be strong, confident, and healthy . Girls on the Run provides a team experience in a caring, supportive, and non-competitive environment. The strong bonds girls form over the 10-week program translate into new and lasting friendships.

REGISTRATION DETAILS: Online registration opens January 29th and closes on February 7th at midnight. On February 8th, a random computer generated lottery will be run for all schools. After the lottery is run all remaining available spots will open up to first come, first serve registration. Please check our website for specific dates, team locations, registration information, and to view our tiered registration fee chart. We never turn a girl away for financial reasons. www.gotrlancaster.org

EVENT DETAILS:

GOTR SPRING 5K
presented by OAL

SATURDAY, May 19th - 9AM
Franklin & Marshall College

WHAT:

Girls on the Run
Practices/Training for 5k

WHEN:

March 6th-May 22nd
Tuesday's and Thursday's
@3:45-5:15
Central Manor Elementary

CONTACT:

Emily Tracy
emily.tracy@pennmanor.net
717-669-1130

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