

**Penn Manor School District
DECEMBER 2017-JANUARY 2018
Elementary Menu**

Dear Parents: Penn Manor School District offers mySchoolBucks, a convenient online service that allows you to securely pay for your student(s) meals online using your credit/debit card or electronic check. You can: (1) set up recurring payments, (2) track and review meal purchase history, (3) create low balance alerts, (4) and more! Sign up now! Registering for your FREE account is easy, go to www.mySchoolBucks.com. Create a secure account and never worry again about sending cash or checks with your student(s) to school again.

Penn Manor Charge Policy:

The district permits students to incur reasonable charges for school meals. In an effort to ensure the effective operation of the district's food service program, the district establishes the following procedures for student payment of school meals. **At the Elementary Level:** Meals will always be provided to students as per federal regulations. Students will not be permitted to purchase a la carte items when they have a negative balance for charged lunches. **At the Secondary level:** Students who have exhausted their lunch account and reach a negative balance of 5 MEALS will only be permitted to purchase the featured main line lunch until the negative balance has been paid. A la carte items may not be purchased until negative lunch balances are resolved.

Elementary Menu MENUS SUBJECT TO CHANGE	Elem. Lunch - \$2.35 Sec. Lunch: \$2.50/\$3.50/\$3.50/\$3.75 Reduced Lunch - \$.40 Student Milk - \$.60 Adult Lunch- \$3.75/\$4.50	PRE-PAID TICKET INFORMATION:		
		Elementary - \$50.00 Secondary - \$50.00 Reduced - \$10.00	We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 872-9500 ext. 2228	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENJOY	A	HEALTHY	LUNCH	TODAY
December 18, 2017	December 19, 2017	December 20, 2017	December 21, 2017	December 22, 2017
French Toast Sticks w / Syrup Tender Sausage Patty Red Pepper Strips w/Dip Chilled Fruit Juice Assorted Fruit Choice of Milk	Grilled Cheese Sandwich Tomato Soup Baby carrots & dip Assorted Fruit Chilled Fruit Juice Choice of Milk	Hamburger on a Bun Golden Potato Rounds Baked Beans Assorted Fruit Choice of Milk	Chicken Tenders Fluffy Whipped Potatoes Steamed Green Beans Dinner Roll Assorted Fruit Choice of Milk	Italian Cheese Pizza California Blend Vegetables Romaine Lettuce Salad Assorted Fruit Choice of Milk
B Lunch: Cold Deli Sandwich December 25, 2017	C Lunch: **Peanut Butter & Jelly Sandwich** December 26, 2017	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll December 27, 2017	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll December 28, 2017	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll December 29, 2017
NO SCHOOL-HOLIDAY	NO SCHOOL-HOLIDAY	NO SCHOOL-HOLIDAY	NO SCHOOL-HOLIDAY	NO SCHOOL-HOLIDAY
B Lunch: Hot Dog / Roll January 1, 2018	C Lunch: **Peanut Butter & Jelly Sandwich** January 2, 2018	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll January 3, 2018	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll January 4, 2018	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll January 5, 2018
NO SCHOOL-HOLIDAY	FLEX DAY Managers Choice Choice of Veggie Assorted Fruit Choice of Milk	Brunch for Lunch Sausage Patty Steamed Corn Chilled Fruit Juice Assorted Fruit Choice of Milk	Grilled Cheese Sandwich Tomato Soup Romaine Lettuce Salad Assorted Fruit Choice of Milk	Italian Cheese Pizza Steamed Green Beans Goldfish Crackers Assorted Fruit Choice of Milk
B Lunch: Hamburger / Roll January 8, 2018	C Lunch: **Peanut Butter & Jelly Sandwich** January 9, 2018	D Lunch: 4 oz. Yogurt & String Cheese January 10, 2018	D Lunch: 4 oz. Yogurt & String Cheese January 11, 2018	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll January 12, 2018
Popcorn Chicken Oven Brown Potatoes Steamed Peas Assorted Fruit Chilled Fruit Juice Choice of Milk	Hot Dog w/roll French Fries Baked Beans Sidekick Fruit Slush Assorted Fruit Choice of Milk	Hot Ham & Cheese Sandwich Baked Chips Steamed Green Beans Assorted Fruit Chilled Fruit Juice Choice of Milk	Tangy Tacos w / Lettuce & Tomato Baked Potato Corn Assorted Fruit Choice of Milk	IN SERVICE-NO SCHOOL
B Lunch: Chicken Patty / Roll	C Lunch: **Peanut Butter & Jelly Sandwich**	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll		

Assorted A La Carte items available at \$.75 each

**** S Lunch: Chef Salad Available Every Wednesday Only ****

Parents are encouraged to purchase for their child pre-paid meals!
(Please write your child's first & last name on your check when purchasing a meal ticket!)

Please make checks payable: **Penn Manor Food Services**

Yogurt & String Cheese - D Lunch Nutritional Information:
Calories - 190, Fat - 7 grams

**** Contains Peanuts And / Or Nuts ****

THERE IS A \$35.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.

Meal tickets can now be used to purchase breakfast, lunches, and ala carte items.

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202) 720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.