

# PENN MANOR SCHOOL DISTRICT

ADMINISTRATIVE REGULATION

APPROVED: July 2, 2012

REVISED:

## 227-AR-1. ANABOLIC STEROID USE BY STUDENT ATHLETES

Anabolic steroids are synthetic, man-made compounds that mimic the action of the male sex hormone testosterone. Anabolic refers to muscle-building. Steroid refers to a class of drugs that are available only by prescription, to treat conditions that occur when the body produces abnormally low amounts of testosterone.

District students who participate in school-related athletics are prohibited from using anabolic steroids, except for a valid medical purpose.

The building principal or designee will be responsible to:

1. Review with all staff members Board policies and administrative regulations regarding use of anabolic steroids and administration of medications.
2. Clarify with all staff members that the use of steroids by student athletes will not be condoned and that it is the staff's responsibility to report any suspicion of steroid use to the principal or designee.
3. Provide inservice training for all coaches, nurses, health teachers and physical education teachers on the detrimental effects of steroid use.
4. Emphasize that school nurses are required to act upon referrals regarding student steroid use by investigating each instance and reporting the findings to the principal or designee.
5. Ensure that lessons are taught within the established health curriculum relative to anabolic steroid use and their deleterious effects.

### Student Violations

A student found in violation of the Board policy and administrative regulations prohibiting the use of anabolic steroids by students participating in school-related athletics will receive the following minimum penalties:

1. **First violation** – suspension from school athletics for the remainder of the season.
2. **Second violation** – suspension from school athletics for the remainder of the season and for the following season.

3. **Third violation** – permanent suspension from school athletics.

No student will be eligible to resume participation in school athletics unless there has been a medical determination that no residual evidence of steroids exists.

The district may require a student violator to participate in drug counseling, rehabilitation, testing or other program as a condition of reinstatement into a school athletic program.