

**Penn Manor School District
May - June 2012
Elementary Menu**

***** To Make Credit Card Payments visit: <http://www.mynutrikids.com> or click on the link at <http://www.pennmanor.net>
mynutrikids.com allows you to use your Visa, Master Card, Discover Card or PayPal.

All Cafeteria Managers are proud members of The School Nutrition Association of PA ~ "Making the Right Food Choices , Together"

Elementary students paying cash daily or have exhausted their lunch ticket will be permitted to charge no more than 5 lunches. Charged lunches should be paid for the next school day. When students have reached 3 charged lunches, a warning envelope will be sent home advising the parent of the charged meals. In the event when a student has accumulated 5 charged lunches and doesn't have money for lunch, a modified lunch consisting of fruit, crackers and milk will be provided to the student. Meals will always be provided to K-3 students or any disabled student as per federal regulation. Students will not be permitted to purchase ala carte items when they have a negative balance for charged lunches. Secondary students are not permitted to charge lunches.

Elementary Menu MENSUS SUBJECT TO CHANGE School Board Meeting: May 7 & 21 and June 4 & 18, 2012 Manor Middle Board Room 7:00 p.m.		Elem. Lunch - \$2.15 Sec. Lunch: \$2.30/\$3.00/\$3.25/\$3.50 Reduced Lunch - \$.40 Student Milk - \$.60 Adult Lunch- \$3.50/\$4.10	PRE-PAID TICKET INFORMATION: Elementary - \$50.00 Secondary - \$50.00 Reduced - \$10.00	We welcome your comments, questions and suggestions. Contact the Food Services Department: Randy Wolfgang - 872-9500 ext. 2228	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
5/7/12 DAY 3	5/8/12 DAY 4	5/9/12 DAY 5	5/10/12 DAY 6	5/11/12 DAY 1	
Chicken Bites Fluffy Whipped Potatoes Steamed Corn Assorted Fruit Choice of Milk	Tangy Taco Fiesta Rice Steamed Corn Chilled Fruit Juice Assorted Fruit Choice of Milk	Grilled Cheese Sandwich Tasty Tomato Soup Chocolate Cake Assorted Fruit Choice of Milk	Chicken Patty / Roll Baked Twister Fries Creamy Pudding Assorted Fruit Choice of Milk	Italian Cheese Pizza Mega Noodle Soup Fresh Vegetable Tray Assorted Fruit Choice of Milk	
B Lunch: Steak Sandwich 5/14/12 DAY 2	C Lunch: **Peanut Butter & Jelly Sandwich ** and String Cheese 5/15/12 DAY 3	D Lunch: 4 oz. Yogurt & String Cheese 5/16/12 DAY 4	5/17/12 DAY 5	5/18/12 DAY 6	
Hamburger Sliders Golden Potato Rounds Chilled Fruit Juice Assorted Fruit Choice of Milk	Chicken Tenders Baked Macaroni & Cheese Chilled Fruit Juice Assorted Fruit Choice of Milk	Pizza Sticks w / Sauce Side Salad Angel Food Cake Assorted Fruit Choice of Milk	Chicken Nuggets Fluffy Whipped Potatoes Steamed Corn Assorted Fruit Choice of Milk	French Bread Pizza Side Salad Ice Cream Sandwich Assorted Fruit Choice of Milk	
B Lunch: Egg McComet / Roll 5/21/12 DAY 1	C Lunch: **Peanut Butter & Jelly Sandwich ** and String Cheese 5/22/12 DAY 2	D Lunch: 4 oz. Yogurt & String Cheese 5/23/12 DAY 3	5/24/12 DAY 4	5/25/12 DAY 5	
Popcorn Chicken Fluffy Whipped Potatoes Soft Pretzel Assorted Fruit Choice of Milk	French Toast Sticks w / Syrup Tender Sausage Patty Chilled Fruit Juice Assorted Fruit Choice of Milk	BBQ Chicken Drumsticks AuGratin Potatoes Creamy Pudding Assorted Fruit Choice of Milk	Roast Turkey Mashed Potatoes Steamed Corn Assorted Fruit Choice of Milk	Italian Cheese Pizza Nachos w / Salsa Chilled Fruit Juice Assorted Fruit Choice of Milk	
B Lunch: Ham & Cheese Sandwich May 28, 2012	C Lunch: **Peanut Butter & Jelly Sandwich ** and String Cheese 5/29/12 DAY 6	D Lunch: 4 oz. Yogurt & String Cheese 5/30/12 DAY 1	5/31/12 DAY 2	6/1/12 DAY 3	
HOLIDAY NO SCHOOL	Chicken Nuggets Steamed Pasta Yellow Corn Assorted Fruit Choice of Milk	Hot Ham & Cheese / Pretzel Roll Baked Doritos Chilled Fruit Juice Assorted Fruit Choice of Milk	Chicken Tenders Fluffy Whipped Potatoes Steamed Green Beans Assorted Fruit Choice of Milk	Personal Pan Pizza Fresh Vegetable Tray w / Dip ** Ice Cream Nut Cone ** Assorted Fruit Choice of Milk	
B Lunch: Hamburger w/ Roll 6/4/12 DAY 4	C Lunch: **Peanut Butter & Jelly Sandwich ** and String Cheese 6/5/12 DAY 5	D Lunch: 4 oz. Yogurt & String Cheese 6/6/12 DAY 6	6/7/12 DAY 1	June 8, 2012	
Grilled Cheese Sandwich Tomato Soup Baked Chips Assorted Fruit Choice of Milk	Hot Diggity Dog / Roll Baked Sweet Potato Fries Chilled Fruit Juice Assorted Fruit Choice of Milk	Italian Cheese Pizza Manager's Choice Vegetables Chilled Fruit Juice Manager's Choice Ice Cream Assorted Fruit Choice of Milk	NO LUNCH LAST DAY OF SCHOOL		START SUMMER BREAK!
B Lunch: Chicken Patty / Roll	C Lunch: **Peanut Butter & Jelly Sandwich ** and String Cheese	D Lunch: 4 oz. Yogurt & String Cheese	MENUS ARE NOW ON THE INTERNET - www.pennmanor.net		

Ala Carte - Granola Bars, Capri Sun Fruit Juice, Fruit Roll-ups, Milk, Water, Ice Cream and Popcorn. All items - \$.60

**** S Lunch: Chef Salad Available Every Wednesday Only ****

Parents are encouraged to purchase for their child pre-paid meals!
(Please write your child's first & last name on your check when purchasing a meal ticket!)

Yogurt & String Cheese - D Lunch Nutritional Information:
Calories - 190, Fat - 7 grams

Please make checks payable: Penn Manor School District

**** Contains Peanuts And / Or Nuts ****

THERE IS A \$35.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.
Meal tickets can now be used to purchase breakfast, lunches, and ala carte items.