

**Penn Manor School District  
March 2012  
Elementary Menu**

\*\*\*\*\* To Make Credit Card Payments visit: <http://www.mynutrikids.com> or click on the link at <http://www.pennmanor.net>  
mynutrikids.com allows you to use your Visa, Master Card, Discover Card or PayPal.

All Cafeteria Managers are proud members of The School Nutrition Association of PA ~ "Making the Right Food Choices , Together"

Elementary students paying cash daily or have exhausted their lunch ticket will be permitted to charge no more than 5 lunches. Charged lunches should be paid for the next school day. When students have reached 3 charged lunches, a warning envelope will be sent home advising the parent of the charged meals. In the event when a student has accumulated 5 charged lunches and doesn't have money for lunch, a modified lunch consisting of fruit, crackers and milk will be provided to the student. Meals will always be provided to K-3 students or any disabled student as per federal regulation. Students will not be permitted to purchase ala carte items when they have a negative balance for charged lunches. Secondary students are not permitted to charge lunches.

<b>Elementary Menu</b> MENUS SUBJECT TO CHANGE <b>School Board Meeting:</b> March 5 and 19, 2012 <b>Manor Middle Board Room</b> <b>7:00 p.m.</b>	<b>Elem. Lunch - \$2.15</b> Sec. Lunch: <b>\$2.30/\$3.00/\$3.25/\$3.50</b> <b>Reduced Lunch - \$.40</b> <b>Student Milk - \$.60</b> <b>Adult Lunch- \$3.50/\$4.10</b>	<b>PRE-PAID TICKET INFORMATION:</b> <b>Elementary - \$50.00</b> <b>Secondary - \$50.00</b> <b>Reduced - \$10.00</b>	We welcome your comments, questions and suggestions. Contact the Food Services Department: Randy Wolfgang - 872-9500 ext. 2228	
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>3/5/12 DAY 6</b>	<b>3/6/12 DAY 1</b>	<b>3/7/12 DAY 2</b>	<b>3/8/12 DAY 3</b>	<b>3/9/12 DAY 4</b>
Chicken Tenders Fluffy Whipped Potatoes Steamed Corn Assorted Fruit Choice of Milk	Twisted Sticks w / Sauce Side Salad Chilled Fruit Juice Assorted Fruit Choice of Milk	Chicken Bites Whipped Potatoes Green Beans Assorted Fruit Choice of Milk	Hot Ham & Cheese / Pretzel Roll Baked Potato Chips Apple Crisp Assorted Fruit Choice of Milk	Cheese Quesadilla Pizza Nachos w / Salsa Strawberry or Chocolate Ice Cream Eclair Assorted Fruit Choice of Milk
<b>B Lunch: Turkey &amp; Cheese Sandwich</b> March 12, 2012	<b>C Lunch: **Peanut Butter &amp; Jelly Sandwich ** and String Cheese</b> 3/13/12 DAY 5	<b>D Lunch: 4 oz. Yogurt &amp; String Cheese</b> 3/14/12 DAY 6	<b>3/15/12 DAY 1</b>	<b>3/16/12 DAY 2</b>
<b>NO SCHOOL HOLIDAY</b>	Sloppy Joes / Roll Golden Potato Rounds Creamy Pudding Assorted Fruit Choice of Milk	Chicken Nuggets Baked Twister Fries Chilled Fruit Juice Assorted Fruit Choice of Milk	Grilled Cheese Sandwich Tomato Soup Yellow Corn Assorted Fruit Choice of Milk	Italian Cheese Pizza Side Salad Chilled Fruit Juice Assorted Fruit Choice of Milk
<b>B Lunch: Beef Ravioli</b> 3/19/12 DAY 3	<b>C Lunch: **Peanut Butter &amp; Jelly Sandwich ** and String Cheese</b> 3/20/12 DAY 4	<b>D Lunch: 4 oz. Yogurt &amp; String Cheese</b> 3/21/12 DAY 5	<b>3/22/12 DAY 6</b>	<b>3/23/12 DAY 1</b>
French Toast Sticks Tender Sausage Patty Chilled Fruit Juice Assorted Fruit Choice of Milk	Pizza Sticks Side Salad Creamy Pudding Assorted Fruit Choice of Milk	Chicken Patty / Roll Baked Macaroni & Cheese Chilled Fruit Juice Assorted Fruit Choice of Milk	Roast Turkey Fluffy Whipped Potatoes Steamed Corn Dinner Roll Assorted Fruit Choice of Milk	Twisted Edge Pizza Fresh Vegetable Tray Ice Cream Sandwich Assorted Fruit Choice of Milk
<b>B Lunch: Breakfast Hot Pocket</b> 3/26/12 DAY 2	<b>C Lunch: **Peanut Butter &amp; Jelly Sandwich ** and String Cheese</b> 3/27/12 DAY 3	<b>D Lunch: 4 oz. Yogurt &amp; String Cheese</b> 3/28/12 DAY 4	<b>3/29/12 DAY 5</b>	<b>3/30/12 DAY 6</b>
Chicken Tenders Sweet Potato Fries Chilled Fruit Juice Assorted Fruit Choice of Milk	Tangy Tacos Baked Potato Angel Food Cake Assorted Fruit Choice of Milk	Hot Diggity Dog / Roll Baked Doritos Chilled Fruit Juice Assorted Fruit Choice of Milk	Chicken Nuggets Fluffy Whipped Potatoes Steamed Corn Creamy Pudding Assorted Fruit Choice of Milk	Italian Cheese Pizza Chicken Noodle Soup Side Salad Assorted Fruit Choice of Milk
<b>B Lunch: Cheeseey Max Snax</b>	<b>C Lunch: **Peanut Butter &amp; Jelly Sandwich ** and String Cheese</b>	<b>D Lunch: 4 oz. Yogurt &amp; String Cheese</b>	<b>MENUS ARE NOW ON THE INTERNET - <a href="http://www.pennmanor.net">www.pennmanor.net</a></b>	

**Ala Carte** - Granola Bars, Capri Sun Fruit Juice, Fruit Roll-ups, Milk, Water, Ice Cream and Popcorn. All items - \$.60

**\*\* S Lunch: Chef Salad Available Every Wednesday Only \*\***

Parents are encouraged to purchase for their child pre-paid meals!  
(Please write your child's first & last name on your check when purchasing a meal ticket!)

Please make checks payable: Penn Manor School District

**Yogurt & String Cheese - D Lunch Nutritional Information:**  
Calories - 190, Fat - 7 grams

**\*\* Contains Peanuts And / Or Nuts \*\***

**THERE IS A \$35.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.**  
Meal tickets can now be used to purchase breakfast, lunches, and ala carte items.