

**Penn Manor School District  
February 2012  
Elementary Menu**

\*\*\*\*\* To Make Credit Card Payments visit: <http://www.mynutrikids.com> or click on the link at <http://www.pennmanor.net>  
mynutrikids.com allows you to use your Visa, Master Card, Discover Card or PayPal.

All Cafeteria Managers are proud members of The School Nutrition Association of PA ~ "Making the Right Food Choices , Together"

Elementary students paying cash daily or have exhausted their lunch ticket will be permitted to charge no more than 5 lunches. Charged lunches should be paid for the next school day. When students have reached 3 charged lunches, a warning envelope will be sent home advising the parent of the charged meals. In the event when a student has accumulated 5 charged lunches and doesn't have money for lunch, a modified lunch consisting of fruit, crackers and milk will be provided to the student. Meals will always be provided to K-3 students or any disabled student as per federal regulation. Students will not be permitted to purchase ala carte items when they have a negative balance for charged lunches. Secondary students are not permitted to charge lunches.

<b>Elementary Menu</b>		<b>Elem. Lunch - \$2.15</b>	<b>PRE-PAID TICKET INFORMATION:</b>	
MENUS SUBJECT TO CHANGE <b>School Board Meeting:</b> February 6 and 21 (Tuesday), 2012 Manor Middle Board Room 7:00 p.m.		<b>Sec. Lunch:</b> \$2.30/\$3.00/\$3.25/\$3.50 <b>Reduced Lunch - \$.40</b> <b>Student Milk - \$.60</b> <b>Adult Lunch- \$3.50/\$4.10</b>	<b>Elementary - \$50.00</b> <b>Secondary - \$50.00</b> <b>Reduced - \$10.00</b>	
We welcome your comments, questions and suggestions. Contact the Food Services Department: Randy Wolfgang - 872-9500 ext. 2228				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>2/6/12 DAY 5</b>	<b>2/7/12 DAY 6</b>	<b>2/8/12 DAY 1</b>	<b>2/9/12 DAY 2</b>	<b>2/10/12 DAY 3</b>
Chicken Nuggets Fluffy Whipped Potatoes Steamed Corn Creamy Pudding Assorted Fruit Choice of Milk	Tangy Tacos Baked Potato Steamed Corn Assorted Fruit Choice of Milk	French Toast Sticks w / Syrup Tender Sausage Patty Chilled Fruit Juice Assorted Fruit Choice of Milk	Chicken Bites Baked Twister Fries Chilled Fruit Juice Assorted Fruit Choice of Milk	Twisted Edge Pizza Side Salad ** Nutty Buddy Cone ** Assorted Fruit Choice of Milk
<b>B Lunch: Egg McComet / Roll</b>		<b>C Lunch: **Peanut Butter &amp; Jelly Sandwich ** and String Cheese</b>		<b>D Lunch: 4 oz. Yogurt &amp; String Cheese</b>
<b>2/13/12 DAY 4</b>	<b>2/14/12 DAY 5</b>	<b>2/15/12 DAY 6</b>	<b>2/16/12 DAY 1</b>	<b>2/17/12 DAY 2</b>
Chicken Tenders Whipped Potatoes Steamed Green Beans Assorted Fruit Choice of Milk	Pizza Sticks Tossed Salad Steamed Corn Strawberry Dessert Assorted Fruit Choice of Milk	Hot Ham & Cheese / Pretzel Roll Sweet Potato Puffs Chilled Fruit Juice Assorted Fruit Choice of Milk	Popcorn Chicken Steamed Pasta Yellow Corn Dinner Roll Assorted Fruit Choice of Milk	Italian Cheese Pizza Mega Noodle Soup Side Salad Assorted Fruit Choice of Milk
<b>B Lunch: Turkey &amp; Cheese Sandwich</b>		<b>C Lunch: **Peanut Butter &amp; Jelly Sandwich ** and String Cheese</b>		<b>D Lunch: 4 oz. Yogurt &amp; String Cheese</b>
<b>February 20, 2012</b>		<b>2/21/12 DAY 3</b>		<b>2/22/12 DAY 4</b>
<b>NO SCHOOL</b>		Hot Diggity Dog / Roll Nachos w / Salsa Steamed Corn Chilled Fruit Juice Assorted Fruit Choice of Milk		Grilled Cheese Sandwich Tomato Soup Baked Doritos Creamy Pudding Assorted Fruit Choice of Milk
<b>HOLIDAY</b>				Chicken Patty / Roll Baked Colossal Fries Steamed Corn Assorted Fruit Choice of Milk
				Personal Pan Pizza Relish Tray w / Dip Ice Cream Sandwich Assorted Fruit Choice of Milk
<b>B Lunch: Cheesey Max Snax</b>		<b>C Lunch: **Peanut Butter &amp; Jelly Sandwich ** and String Cheese</b>		<b>D Lunch: 4 oz. Yogurt &amp; String Cheese</b>
<b>2/27/12 DAY 1</b>	<b>2/28/12 DAY 2</b>	<b>2/29/12 DAY 3</b>	<b>3/1/12 DAY 4</b>	<b>3/2/12 DAY 5</b>
Pizza Hot Pockets Golden Potato Rounds Creamy Pudding Assorted Fruit Choice of Milk	Chicken Nuggets Baked Macaroni & Cheese Chilled Fruit Juice Assorted Fruit Choice of Milk	Beef Ravioli Tossed Salad Dinner Roll Assorted Fruit Choice of Milk	Roast Turkey Fluffy Whipped Potatoes Steamed Corn Dinner Roll Assorted Fruit Choice of Milk	Italian Cheese Pizza Vegetable Soup ** Peanut Butter Crackers ** Assorted Fruit Choice of Milk
<b>B Lunch: Hamburger w/ Roll</b>		<b>C Lunch: **Peanut Butter &amp; Jelly Sandwich ** and String Cheese</b>		<b>D Lunch: 4 oz. Yogurt &amp; String Cheese</b>
<b>MENUS ARE NOW ON THE INTERNET - <a href="http://www.pennmanor.net">www.pennmanor.net</a></b>				

**Ala Carte** - Granola Bars, Capri Sun Fruit Juice, Fruit Roll-ups, Milk, Water, Ice Cream and Popcorn. All items - \$.60

**\*\* S Lunch: Chef Salad Available Every Wednesday Only \*\***

**Parents are encouraged to purchase for their child pre-paid meals!**  
(Please write your child's first & last name on your check when purchasing a meal ticket!)

**Yogurt & String Cheese - D Lunch Nutritional Information:**  
Calories - 190, Fat - 7 grams

Please make checks payable: **Penn Manor School District**

**\*\* Contains Peanuts And / Or Nuts \*\***

**THERE IS A \$35.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.**  
Meal tickets can now be used to purchase breakfast, lunches, and ala carte items.