

Penn Manor School District December 2011 Elementary Menu

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mynutikids.com allows you to use your Visa, Master Card, Discover Card or PayPal.

All Cafeteria Managers are proud members of The School Nutrition Association of PA ~ "Making the Right Food Choices , Together"

Elementary students paying cash daily or have exhausted their lunch ticket will be permitted to charge no more than 5 lunches. Charged lunches should be paid for the next school day. When students have reached 3 charged lunches, a warning envelope will be sent home advising the parent of the charged meals. In the event when a student has accumulated 5 charged lunches and doesn't have money for lunch, a modified lunch consisting of fruit, crackers and milk will be provided to the student. Meals will always be provided to K-3 students or any disabled student as per federal regulation. Students will not be permitted to purchase ala carte items when they have a negative balance for charged lunches. Secondary students are not permitted to charge lunches.

Elementary Menu MENSUS SUBJECT TO CHANGE School Board Meeting: One Meeting - December 5, 2011 Manor Middle Board Room 4:00 p.m.	Elem. Lunch - \$2.15 Sec. Lunch: \$2.30/\$3.00/\$3.25/\$3.50 Reduced Lunch - \$.40 Student Milk - \$.60 Adult Lunch- \$3.50/\$4.10	PRE-PAID TICKET INFORMATION: Elementary - \$50.00 Secondary - \$50.00 Reduced - \$10.00			We welcome your comments, questions and suggestions. Contact the Food Services Department: Randy Wolfgang - 872-9500 ext. 2228
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
November 28, 2011	11/29/2011 DAY 5	11/30/11 DAY 6	12/1/11 DAY 1	12/2/11 DAY 2	
NO SCHOOL HOLIDAY	Chicken Nuggets Fluffy Whipped Potatoes Steamed Corn Assorted Fruit Choice of Milk	Pizza Sticks w / Sauce Steamed Corn Chilled Fruit Juice Creamy Pudding Assorted Fruit Choice of Milk	Chicken Bites Whipped Potatoes Homemade Biscuit Steamed Green Beans Assorted Fruit Choice of Milk	Italian Cheese Pizza Side Salad Ice Cream Sandwich Assorted Fruit Choice of Milk	
B Lunch: Turkey & Cheese Sandwich	C Lunch: **Peanut Butter & Jelly Sandwich ** and String Cheese		D Lunch: 4 oz. Yogurt & String Cheese		
12/5/11 DAY 3	12/6/11 DAY 4	12/7/11 DAY 5	12/8/11 DAY 6	12/9/11 DAY 1	
Chicken Tenders Steamed Pasta Plump Peas Assorted Fruit Choice of Milk	Beef Ravioli Side Salad Dinner Roll Assorted Fruit Choice of Milk	Grilled Cheese Sandwich Tomato Soup Fresh Relish Tray Assorted Fruit Choice of Milk	Tangy Tacos Baked Potato Steamed Corn Assorted Fruit Choice of Milk	Personal Pan Pizza Vegetable Soup **Peanut Butter Crackers** Assorted Fruit Choice of Milk	
B Lunch: Hamburger / Roll	C Lunch: **Peanut Butter & Jelly Sandwich ** and String Cheese		D Lunch: 4 oz. Yogurt & String Cheese		
12/12/11 DAY 2	12/13/11 DAY 3	12/14/11 DAY 4	12/15/11 DAY 5	12/16/11 DAY 6	
Chicken Patty / Roll Colossal Baked Fries Chilled Fruit Juice Assorted Fruit Choice of Milk	Spaghetti w / Meatballs Side Salad Italian Bread Creamy Pudding Assorted Fruit Choice of Milk	Hot Diggity Dog / Roll Baked Macaroni & Cheese Chilled Fruit Juice Assorted Fruit Choice of Milk	Chicken Nuggets Whipped Potatoes Steamed Yellow Corn Assorted Fruit Choice of Milk	Italian Cheese Pizza Nachos w / Salsa Ice Cream Sandwich Assorted Fruit Choice of Milk	
B Lunch: Ham & Cheese Sandwich	C Lunch: **Peanut Butter & Jelly Sandwich ** and String Cheese		D Lunch: 4 oz. Yogurt & String Cheese		
12/19/11 DAY 1	12/20/11 DAY 2	12/21/11 DAY 3	12/22/11 DAY 4	12/23/11 DAY 5	
Chicken Tenders Scalloped Potatoes Chilled Fruit Juice Assorted Fruit Choice of Milk	Ham & Cheese / Pretzel Roll Twisted Fries Angel Food Cake Assorted Fruit Choice of Milk	Popcorn Chicken Fluffy Whipped Potatoes Dinner Roll Creamy Pudding Assorted Fruit Choice of Milk	Roast Turkey Whipped Potatoes Bread Stuffing Cranberry Sauce Steamed Corn Assorted Fruit Choice of Milk	Twisted Edge Pizza Side Salad Chilled Fruit Juice Assorted Fruit Choice of Milk	
B Lunch: Cheesy Max Snax	C Lunch: **Peanut Butter & Jelly Sandwich ** and String Cheese		D Lunch: 4 oz. Yogurt & String Cheese		
MENUS ARE NOW ON THE INTERNET - www.pennmanor.net					

Ala Carte - Granola Bars, Capri Sun Fruit Juice, Fruit Roll-ups, Milk, Water, Ice Cream and Popcorn. All items - \$.60

**** S Lunch: Chef Salad Available Every Wednesday Only ****

Parents are encouraged to purchase for their child pre-paid meals!
(Please write your child's first & last name on your check when purchasing a meal ticket!)

Please make checks payable: **Penn Manor School District**

Yogurt & String Cheese - D Lunch Nutritional Information:
Calories - 190, Fat - 7 grams

**** Contains Peanuts And / Or Nuts ****

THERE IS A \$35.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.
Meal tickets can now be used to purchase breakfast, lunches, and ala carte items.