

Penn Manor School District

April 2012

Elementary Menu

***** To Make Credit Card Payments visit: <http://www.mynutrikids.com> or click on the link at <http://www.pennmanor.net>
 mynutrikids.com allows you to use your Visa, Master Card, Discover Card or PayPal.

All Cafeteria Managers are proud members of The School Nutrition Association of PA ~ "Making the Right Food Choices , Together"

Elementary students paying cash daily or have exhausted their lunch ticket will be permitted to charge no more than 5 lunches. Charged lunches should be paid for the next school day. When students have reached 3 charged lunches, a warning envelope will be sent home advising the parent of the charged meals. In the event when a student has accumulated 5 charged lunches and doesn't have money for lunch, a modified lunch consisting of fruit, crackers and milk will be provided to the student. Meals will always be provided to K-3 students or any disabled student as per federal regulation. Students will not be permitted to purchase ala carte items when they have a negative balance for charged lunches. Secondary students are not permitted to charge lunches.

Elementary Menu MENUS SUBJECT TO CHANGE School Board Meeting: April 2 and 16, 2012 Manor Middle Board Room 7:00 p.m.		Elem. Lunch - \$2.15 Sec. Lunch: \$2.30/\$3.00/\$3.25/\$3.50 Reduced Lunch - \$.40 Student Milk - \$.60 Adult Lunch- \$3.50/\$4.10	PRE-PAID TICKET INFORMATION: Elementary - \$50.00 Secondary - \$50.00 Reduced - \$10.00	We welcome your comments, questions and suggestions. Contact the Food Services Department: Randy Wolfgang - 872-9500 ext. 2228	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
4/2/12 DAY 1	4/3/12 DAY 2	4/4/12 DAY 3	April 5, 2012		April 6, 2012
Chicken Bites Fluffy Whipped Potatoes Steamed Corn Assorted Fruit Choice of Milk	Spaghetti w / Meatballs Italian Bread Chilled Fruit Juice Creamy Pudding Assorted Fruit Choice of Milk	Personal Pan Pizza Side Salad Creamsicle Assorted Fruit Choice of Milk	NO SCHOOL HOLIDAY		NO SCHOOL HOLIDAY
B Lunch: Hamburger / Roll April 9, 2012	C Lunch: **Peanut Butter & Jelly Sandwich ** and String Cheese 4/10/12 DAY 4		D Lunch: 4 oz. Yogurt & String Cheese 4/12/12 DAY 6		
NO SCHOOL HOLIDAY	Chicken Nuggets Whipped Potatoes Steamed Greens Assorted Fruit Choice of Milk	Pizza Sticks w / Sauce Side Salad Angel Food Cake Assorted Fruit Choice of Milk	Chicken Tenders Steamed Pasta Yellow Corn Assorted Fruit Choice of Milk	Italian Cheese Pizza Nachos w / Salsa Chilled Fruit Juice Assorted Fruit Choice of Milk	
B Lunch: Egg McComet / Roll 4/16/12 DAY 2	C Lunch: **Peanut Butter & Jelly Sandwich ** and String Cheese 4/17/12 DAY 3		D Lunch: 4 oz. Yogurt & String Cheese 4/19/12 DAY 5		
BBQ Chicken Filet / Roll Baked Chips Chilled Fruit Juice Assorted Fruit Choice of Milk	Tangy Tacos Baked Potato Steamed Corn Creamy Pudding Assorted Fruit Choice of Milk	Grilled Cheese Sandwich Hash Brown Tomato Soup Assorted Fruit Choice of Milk	Popcorn Chicken Fluffy Whipped Potatoes Yellow Corn Dinner Roll Assorted Fruit Choice of Milk	Cheese Quesadilla Pizza Chicken Noodle Soup Ice Cream Sandwich Assorted Fruit Choice of Milk	
B Lunch: Max Snax April 23, 2012	C Lunch: **Peanut Butter & Jelly Sandwich ** and String Cheese April 24, 2012		D Lunch: 4 oz. Yogurt & String Cheese 4/26/12 DAY 2		
NO SCHOOL HOLIDAY	NO SCHOOL HOLIDAY	Twisted Sticks w / Sauce Side Salad Chilled Fruit Juice Assorted Fruit Choice of Milk	Roast Turkey Whipped Potatoes Steamed Corn Buttermilk Biscuit Assorted Fruit Choice of Milk	Italian Cheese Pizza Side Salad Chilled Fruit Juice Assorted Fruit Choice of Milk	
B Lunch: Chicken Patty / Roll 4/30/12 DAY 4	C Lunch: **Peanut Butter & Jelly Sandwich ** and String Cheese 5/1/12 DAY 5		D Lunch: 4 oz. Yogurt & String Cheese 5/3/12 DAY 1		
Chicken Nuggets Fluffy Whipped Potatoes Steamed Corn Assorted Fruit Choice of Milk	French Toast Sticks w / Syrup Tender Sausage Patty Chilled Fruit Juice Assorted Fruit Choice of Milk	Hot Ham & Cheese / Pretzel Roll Hash Brown Potatoes Creamy Pudding Assorted Fruit Choice of Milk	Chicken Tenders Fiesta Rice Chilled Fruit Juice Assorted Fruit Choice of Milk	Personal Pan Pizza Fresh Vegetable Tray w / Dip ** Nut Cone Ice Cream ** Assorted Fruit Choice of Milk	
B Lunch: Beef Ravioli w/Dinner Roll	C Lunch: **Peanut Butter & Jelly Sandwich ** and String Cheese		D Lunch: 4 oz. Yogurt & String Cheese		
MENUS ARE NOW ON THE INTERNET - www.pennmanor.net					

Ala Carte - Granola Bars, Capri Sun Fruit Juice, Fruit Roll-ups, Milk, Water, Ice Cream and Popcorn. All items - \$.60

**** S Lunch: Chef Salad Available Every Wednesday Only ****

Parents are encouraged to purchase for their child pre-paid meals!
(Please write your child's first & last name on your check when purchasing a meal ticket!)

Please make checks payable: **Penn Manor School District**

Yogurt & String Cheese - D Lunch Nutritional Information:
Calories - 190, Fat - 7 grams

**** Contains Peanuts And / Or Nuts ****

THERE IS A \$35.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.
Meal tickets can now be used to purchase breakfast, lunches, and ala carte items.